



Cape St. Claire Improvement Association, Inc. Community Newsletter

MAY 2019

STRAWBERRY FESTIVAL EDITION
SATURDAY JUNE 1ST PARADE BEGINS AT 10AM

President's Message

MAY 2019



Dear Capers,

Many scholars believe that the Sphinx was created to mark the position of the rising sun on the day of the spring equinox. Its broken nose points the way. When you consider that the Sphinx was built in the 4th dynasty (2575 - 2467 BCE), it tells you that people have been fond of springtime for a long time. Why is that? A study done by the University of Michigan in 2004 found that people who spent at least 30 minutes outside in pleasant weather - a newly warm spring day around the Cape for instance - had happier moods. Plus, because the days are longer, it slowly eliminates the effect that winter's Seasonal Affective Disorder had on you. And seriously, who doesn't love pretty flowers? Overall, spring is a good thing. There truly is nothing like a walk down to the Cape beach with a cool breeze blowing at your back while delighting in the many sights and smells of the season.

Welcome to Cape with spring in full bloom. Speaking of full bloom, (cringe worthy segue) the community events calendar has been pretty full. Make sure you're staying up to date through our community Facebook page (Cape St. Claire Improvement Association) and website. We really try to keep everyone up to date on Facebook as much as possible. Remember though, Facebook thinks it's important to give you the latest status updates the week after they are important, so make sure to follow us and mark us as See First to get the update the second we post it.

The Easter Egg hunt was a smash hit with lots of kids running for the candy like it was their last meal. So much fun was had by all. Coming up in May is Touch a Truck, a great fundraiser for the Cape St. Claire firehouse on May 4th from 10am to 2pm at the clubhouse fields. The Garden Club's plant sale is on Saturday, May 18th from 8am - 2pm. They will have a ton of perennials from gardens in the Cape as well as tomatoes, other vegetables and

herbs. It's a must attend event if you want to be Yard of the Month.

Of course, let's not forget about the event of the year, the Strawberry Festival slated for June 1st, 2019. The parade starts at 10am at the firehouse. Once the parade concludes at the main beach, the doors will be blown off on the celebration of the year. Come meet your neighbors for a wonderful time of merriment in the great outdoors! Remember, pleasant weather is good for the mood. More information can be found on the Cape St. Claire Strawberry Festival website at <https://cscstrawberryfestival.com> or on their Facebook page.

Want to help with our Cape spring cleaning to get ready for the Strawberry festival? Please email parks@cscia.org to find out how you can help. We're always looking for people to lend a hand.

In CSCIA news, everyone has their 2019 stickers and guest passes right.... because you've all paid? Right? Bueller? If you haven't, please do so as soon as possible! If you have, make sure you get that fresh new sticker on your cars. Towing enforcement will begin in May. Remember, guest passes are NOT valid for trailering at Deep Creek on Fri, Sat & Sun all year.

We finally have the permits in hand for redoing the playgrounds at both Little Magothy and the Main Beach. Work will begin by the time you're reading this and will

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Board In Brief *CSCIA Board Of Governors Monthly Meeting*

APRIL 8, 2019

President Szczytko called the meeting to order at 7:30 P.M. He mentioned that it's been a busy month, and congratulated Governor Breeden and Town Manager Anderson on securing \$25,000 from the bond bill session. He said we have the playground permits in hand, and he has a summary of proposed bylaw changes for us to look at.

Guests were Becky Benner, Brad Knopf, Stacy Wildberger, and Marita Roos.

The minutes of March 11, 2019 were approved unanimously with one correction.

The P&L statement of February 28 were approved unanimously.

COMMITTEE REPORTS

Beaches and Parks: Governor Breeden mentioned the playground permits and last week's plantings done by the CCC. He said more will be coming near the Youth Sailing shed at Lake Claire, with the CCC providing plants and the Girl Scouts doing the planting.

Piers: Governor Breeden said that over 200 contracts have been returned, with about 25 slips left to offer. The Piers Committee met in March and April and had a workday this past weekend removing bubblers and thermostats. Wait list offers are out.

Security: Governor Breeden was in court on an old trespassing case in which the person was again banned from our properties.

Broadneck Council of Communities: Governor Breeden said the legislative session was generally successful. The BCC is working on the revamping of the General Development Plan and will be meeting in May.

Roads: Governor Breeden noted the work on Cape St. Claire Road and East College Parkway.

Covenants: Governor Layman said it's been busy with 4 outstanding issues; two involving derelict property, one involving a property line dispute, and one involving parking.

Events: Governor Fairchild said that the recent Cape Swap was a success with positive feedback, and she is hoping to do it again.

Membership: Governor Fairchild reminded all of the April 23 Quarterly Membership Meeting.

Caper: Governor Lamb noted that address and mailing issues have been resolved.

Clubhouse: Governor Lamb said the third bathroom should be finished this week.

Strawberry Festival: Governor Lamb said plans are moving along.

Easter Egg Hunt: Governor Lamb said 2000 eggs have been filled to date.

Community Cleanup: Governor Lamb said it is scheduled for July 26-27.

Budget: Budget Committee chair said the first meeting was held. He suggested Board members prioritize their requests by submitting their needs first, then their wants, and then their suggestions. He will be handing out a revised schedule for dealing with the budget.

Building: Governor Roche said there are two new permits and

no new variance requests, bringing this year's permit total to 2. He asked people to read the applications carefully and make sure everything is filled in.

Treasurer: Governor Zadera said the first Budget Committee meeting was March 25. There will be another on May 1st, followed by one on July 11th. He mentioned needing to fill out an IRS form 1120H dealing with an HOA and tax exempt income. He mentioned receiving a quote to have a company clean up, standardize and trademark our logo. He is looking at pricing to have the clubhouse air vents cleaned. He also noted that we got \$25,000 in funding from the Consolidate Capital Fund and we received a check from the BLOA for their share of insurance.

Town Manager: Town Manager Anderson mentioned the playground permits. He solidified an April 18th meeting with Constituent Services. He mentioned ongoing Beaches and Parks maintenance and repairs and said Beach Attendant recruitment and training is coming up. The portapots have arrived and the mowing contract has been renewed. He has one quote so far for repaving the Lower Deep Creek lot. The Deep Creek boat ramp has been cleared of debris. There is a quote coming for Clubhouse sidewalk repair. Pilings are being replaced at Deep Creek. There is a Piers Committee meeting on May 7th. Permits for a Lake Claire pier sign are being processed. Water is on at the piers. There is a signboard on the shed at Deep Creek. Action is being taken by the county on several of our covenant issues. Security camera hardware issues have been fixed. He attended the town hall meeting in Severna Park.

Technology: Governor Szczytko has worked the usual update and Caper work. We will be buying a new office computer.

DISCUSSION REGARDING THE CLUBHOUSE RAIN GARDEN

Brad Knopf, Stacy Wildberger, and Marita Roos were here to discuss why the rain garden was pulled out and what plans there were for its future. There was discussion of lack of maintenance, its general appearance, and a lack of communication between the Board and the CCC regarding those issues. Brad Knopf noted that the CCC is a new player in this issue and would like to take part in moving forward. Governor Breeden said it would be a good idea if the CCC represented itself at Board meetings to keep the lines of communication open. There was discussion of the unkempt appearance during winter dormancy and what kinds of plants might counter that, including getting plants that bloom at different times. Governor Lamb said there were complaints from people about the gardens appearance. The CCC would like plants repurchased, similar to the originals, along with new ideas to control the wire grass, and the CCC would take on the maintenance chores. There was discussion of whether anything could be done before Strawberry Festival, even something temporary for esthetics with a full planting scheduled for fall. The CCC will get back to Governor Lamb for a Quarterly Meeting update for the public.

OLD BUSINESS

Governor Szczytko presented a summary of the bylaw changes he received from our attorney. They will be presented at the Quarterly Meeting and will be on the website and in the Caper, along with a posting of the full bylaws on the website. There was discussion

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Board in Brief, continued from page 2

about what items should be highlighted at the meeting so we don't get bogged down in minutiae, and the necessity of explaining just why we are doing this revision. There will be a 90 day period for public review before the changes can be voted on at the July Quarterly Meeting.

Governor Breeden and Town Manger Anderson met with the Alliance for the Chesapeake Bay last month to discuss our shoreline projects. We are focusing on the \$900,000 Main Beach project at this point. We may have a \$260,000 grant through CBT and are submitting a \$600,000 request to DNR this month. Our representatives have been on top of DNR on our behalf. If that request does not come through, we will have to decide by summer to look into funding it ourselves with a loan, which the county would need to approve. If the DNR does come through for the Main Beach, we can look into working on Lake Claire. Governor Breeden showed the latest set of Main Beach plans from Biohabitats and said they will be available at the Quarterly Meeting. There was a question of whether our insurance would cover any of the new breakwaters and the answer was that the county would have an interest but insurability is unclear at this point. Governor Breeden noted the Alliance will be running all aspects of the project and added that there are restrictions on how we spend our \$25,000 in bond money, but that we have 2 to 3 years to spend it,

NEW BUSINESS

Governor Szczytko said that accepting online payments is just not a viable option at this point. He also mentioned the branding, standardization, and trademarking of our logo.

COMMENTS

Becky Benner said that Yard of the Month judging begins on April 7 through 12. The Garden Club work at the Green Holly island is done and work continues of the CSC Road island. The Clubhouse garden is being cleaned up and there will be potting parties every weekend in preparation for the plant sale which takes place in the Clubhouse field on May 18th from 8 A.M. until 2 P.M. She added that people come from all over to the sale.

Becky Benner said that the Goshen Farm open house will be on April 13 from 10 A.M. until 4 P.M. There will be a dedication of a memorial tree to Orlando Rideout, IV, who was an early advocate for preserving the Farm. There will also be birds of prey and children dressed as early residents.

ADJOURNMENT

The meeting was adjourned to a Closed Session at 9:05 P.M.

CLOSED SESSION

A Closed Session was convened at 9:07 P.M. and was adjourned at 9:32 P.M.

MEMBERS PRESENT

Governors Breeden, Fairchild, Lamb, Layman, Macindoe, Roche, Schmidt, Szczytko, and Zadera were present, as was Town Manager Anderson and Budget Committee Chair Buchet.

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A Message from The Town Manager



Capers,

Summer is just around the corner. As temperatures heat up that means increased foot traffic at all our beautiful Cape beaches and parks. I encourage everyone to get out and enjoy our neighborhood's beaches and parks but be sure you leave them as clean as they were when you arrived. Please dispose of trash in the receptacles provided and if you see trash, please pick it up. Be part of the solution, not the pollution! The beaches and parks can only stay beautiful if we treat them with pride and respect they deserve. Speaking of our wonderful beaches and parks, Cape St. Claire is currently hiring beach attendants for the summer of 2019 season. If you are 18 or older and interested in working for your neighborhood community, please see our website or stop by the office to inquire about the position.

After 8 long months navigating the county permitting process we finally have permits for the installation of our new playgrounds at Main Beach and Deep Creek. Installation is scheduled for mid May, just in time to show them off at our annual Strawberry Festival!!!

All the beautiful trees and flowers are blooming and the grass is starting to finally grow. Here are a few lawn care tips for the growing season:

First, it is important that all bare soil is covered with turfgrass or other vegetation. Bare soil exposure directly contributes to soil erosion and surface runoff of fertilizer nutrients, sediment, and pesticides polluting our local watershed. Maintaining turfgrass is one of the easiest ways to prevent this. University of Maryland Extension office recommends a Tall Fescue/Kentucky bluegrass mix as the species of choice for our state.

-Mow Tall: Aim for 4 inches tall. Only mow shorter if the grass starts to fall over on itself. This will also help block out sunlight from weeds and encourage deeper root growth.

-Rule: Never remove more than one third of the total height of your grass in a single mowing.

-Keep Sharp: Sharpen your lawn mower blade at least once per season to help avoid browning of the grass tips and promote disease resistance.

-Fertilize in the Fall: "Fertilize in the Fall, if at all." If you have to, fall is the best time to fertilize your lawn. Recycling/ mulching your grass clippings all season long amounts to about one fertilizer application and reduces waste.

Please mark your calendars for these upcoming events and meetings:

Our next Quarterly Membership Meeting will be held Tuesday, April 23rd at 7:30 pm.

Our annual Cape Clean Up will be held at the clubhouse fields on July 26th and 27th.

Please feel free to reach out to me with any questions, suggestions, or if you are in need of assistance. See you at the Strawberry Festival on June 1st!

Cheers,

Ryan Anderson

Cape St Claire Town Manager

TownManager@cscia.org

443.510.3116

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be done in time for the Festival. It's been a long process of permitting and waiting but we think the results will be worth it.

Thanks to the hard work, from Vice-President Beau Breeden and Town Manager Ryan Anderson, we were awarded a \$25,000 grant from the state of Maryland for our beach project. Momentum has been slow and the red tape cumbersome but we're pushing forward with solutions to make this project a reality.

The bathroom renovations at the clubhouse should be completed by the time you read this. Kudos to Mary Lamb for an outstanding job getting the clubhouse renovated and looking fantastic. It will really shine while everyone is gulping down strawberries at the festival.

Lastly, by the July meeting, we'd like to have a vote on updating our bylaws. At the quarterly meeting in April, Tim

Larsen, from Oliveri and Associates, joined us to discuss the changes we'd like to make to the bylaws to modernize them and clean them up after 50 years. We'll have more information up on our website in the weeks to come.

Did you know that the Green Holly entrance into the Cape wasn't there when the Cape was founded? It was built back in the 1970's to accommodate Broadneck High School. It also used to be a lot hillier and had terrible lines of sight, worse than now. It's always been a road that's generated much discussion over the years. Please slow down and be safe as you travel it.

Best Wishes,

Bill Szczytko

President CSCIA

HEALTH NOTES:

Arthritis



Arthritis is an inflammation in one or more of your joints. The main symptoms are joint stiffness and pain (usually worsens with advancing age). There are two major types of arthritis, osteoarthritis, and rheumatoid arthritis. Osteoarthritis causes cartilage — the hard, tissue between bones where they form a joint — to break down. Rheumatoid arthritis (an autoimmune disorder) targets the lining of joints (synovium). Other, less common types of arthritis can be caused by uric acid crystals (gout), infections or underlying disease, such as psoriasis or lupus.

Symptoms

Arthritis symptoms may include fatigue, joint pain, swelling, redness, warmth or stiffness. There may also be a loss of joint range of motion.

Causes

The two main types of arthritis, osteoarthritis and rheumatoid arthritis, and each damages joints in different ways.

Osteoarthritis: The most common type of arthritis, involves wear-and-tear damage to your joint's cartilage. Enough damage can result in bone grinding directly on bone, which causes pain and restricted movement. This wear and tear can occur over many years, or it can be hastened by a joint injury or infection.

Rheumatoid Arthritis: In rheumatoid arthritis, the body's own immune system attacks the lining of the joint capsule (a tough membrane that encloses all the joint parts). This lining, known as the synovial membrane, becomes inflamed and swollen. This process can eventually destroy cartilage and bone within the joint.

Risk Factors

Factors that Increase Risk of Getting Arthritis.

Arthritis is common; in fact, about 1 in 4 US adults have arthritis. Some behaviors and characteristics (risk factors) increase an adult's likelihood of getting some types of arthritis or making it worse. You can control some risk factors, and others you cannot.

Risk Factors You Can Control

1. Obesity-Excess weight can directly add to the stress placed on a joint. This is especially evident in joints and knees. Obesity can affect the joints directly and cause inflammation which gradually destroys the joint tissues.
2. Previous joint Injuries-Previous joint injuries can cause irregularities in the normal, smooth joint surface. Previous injury certainly plays a part in the development of arthritis of the wrist, where the complex bone and cartilage structure can be easily compromised by impact or compression
3. Occupational Hazard-Occupations that involve repetitive knee bending and squatting are associated with osteoarthritis of the knee.

Risk Factors you cannot Control

1. Genetics- Heredity seems to play a key role the development of certain types of arthritis, although the association is still not fully understood. What we do know is that a family history can suggest an increased risk depending on the type of arthritis involved.
2. Older age-- is a major factor as cartilage becomes increasingly brittle over time and has less capacity to repair itself. The development of osteoarthritis is typically seen to begin between the ages of 40 and 50, although it can start earlier in other forms of the disorder.
3. Sex-Women are more likely than are men to develop rheumatoid arthritis, while most of the people who have gout, another type of arthritis, are male.

Diagnosis and Treatment

If you think that you may have arthritis, see your doctor. Your doctor will evaluate you and order a treatment plan based upon your diagnosis.

By Deborah Campbell CRNP, a local Nurse Practitioner who makes home visits in the Cape area for a nominal fee. Call Annapolis Health 443-362-2400 for further information.

Guess what, Capers? As I write this, it's raining! Are we getting used to this? I am not sure, but at least the plants in our area still seem to be thriving, for the most part. Have you made your way around our beautiful neighborhood and noticed the pinks of cherry trees and saucer magnolias? The yellows of daffodils? The whites of American Shadbush? The blues & purples of bluebells & violets? And we mustn't forget the many cheery tulip varieties that lend so much bold color to the spring garden. Yes, spring is busting out all over and it's always a welcome respite from a long, cold winter. We are very fortunate to live in this part of Maryland, with the variety during all four seasons, and yet the renewal of life that comes with spring is always refreshing.

If you recall, our April Garden Club meeting was all about helping with renewal. Unfortunately, rain cancelled our crape myrtle Pruning Workshop, but we did have a rousing Dividing Workshop, with members wielding soil knives, serrated kitchen knives, and drywall saws to cut up clumps of liriope, hellebore, black-eyed susan, sedum, fountain grass, & phlox, and then potting the divisions. This was after our own Audrey Lengbeyer shared a brief and informative slideshow about proper methods and tools for this project. We had a blast, and the plants we potted, along with many, many other plant varieties all grown right here in Cape St. Claire, will be sold at our upcoming annual



 **PLANT SALE, May 18th, 8am-2pm.** 

The Garden Club will meet again on **Tuesday, May 7th**, to finalize our plans for the sale and also hold a Members' auction of some of the prized plants we will be selling. As always, we will have light refreshments and a jolly time, as we undercut each other and have cutthroat bidding wars over beautiful plants. Really... it's quite a fun time!

Then on **Tuesday, June 4**, we will learn all about ***Dragonflies and Damselflies*** from speaker Dr. Harold White. Do you know the difference between these predator insects, and how they help us out? How to attract them to our gardens? Please come to learn about these lovely insects that live cheek by jowl with us.

Our last event before our summer break is the ***Secret Garden Tour and Potluck***, where Members get sneak peeks at stunning gardens in the Cape and then enjoy each other's company at a relaxing picnic afterward. Please consider joining us! Then we'll break for summer, starting up again on the first Tuesday in September. We have 3 speakers, 3 workshops, & 2 potluck dinners each year, all with delicious refreshments provided by our Members, and learn and enjoy so much together. We'd love to have you with us! You can always read more about our Club's goings-on at our blog, capegardenclub.wordpress.com.

Through the spring and summer, our Members will drive around the Cape every month, searching for the most beautiful, colorful gardens. *All Cape gardens are eligible*, so please go out and garden, and make your garden and our neighborhood beautiful. And congratulations to our **April Yard of the Month Winners**, whose inspiring gardens sparkle with spring color!

Area 1: Jose Maldonado, 1114 Little Magothy View

Area 2: Carol Collison, 1046 Oak Tree Lane

Area 3: Matthew Woods, 994 St Margarets Dr

Area 4: Edward Feen, 1204 Southview Drive

Area 5: Roy & Becky Benner, 1206 Green Holly Dr

Please bring a friend and join us on May 18th, at our Plant Sale extravaganza! Tomatoes and herbs, colorful annuals, native plants, milkweed, free compost & mosquito dunks – you won't want to miss it! Bring all your gardening questions, and we'll send you home with some gorgeous plants to beautify your home.

----- Submitted by Jeanne Klingler -----

Cape St. Claire Garden Club

PLANT SALE

Saturday, May 18 8am-2pm

(Rain date: Sunday, May 19) * No Early Birds, Please! *

**Cape Clubhouse field
At Cape St. Claire Rd. & Broadview Dr.**

Cape-grown Plants
for Sun & Shade

Garden Experts
for all your Questions

Native Perennials

Bargain Prices

5 Varieties of Milkweed

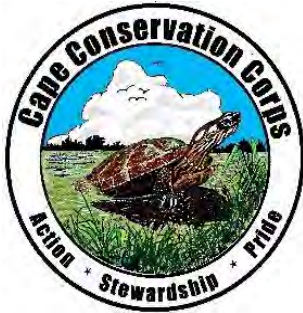
Colorful Annuals

Free Compost &
Mosquito Dunks

Tomato, Herb, &
Vegetable Starts



CAPEGARDENCLUB.WORDPRESS.COM



Habitat Hero Nominations

Congratulations to our latest Habitat Hero winner Katie Scott-Kelly. Katie, a Watershed Steward Academy graduate and her family have worked hard at making their yard a safe place for wildlife to use. In these time of habitat loss, even a small suburban space can make a big difference. Katie has many native plants that the native insects have co-evolved with, a compost pile for yard waste & vegetable scraps, and a rain garden to control rain water.

Click or visit our website to read more

<http://capeconservationcorps.org/habitat-heroes/>

Upcoming Events:

Rain Garden: We will be partnering with CSCIA to re-plant the Clubhouse Rain Garden and maintain it going forward. If you are interested in being part of the re-planting and maintenance email me at vp@capeconservationcorps.org

Habitat Hero: Nominate yourself or a neighbor with a Rain Garden! Would love to see examples of functioning Rain Gardens. Email me at vp@capeconservationcorps.org

Save the Dates:

Native Plant Fest and Sale: Saturday September 21, 2019 9 am- noon in the field by the clubhouse

5th Annual Harvest Bash: November 8, 2019 7:00-10: pm at the Clubhouse

Rain Gardens

“Slow it Down, Spread it Out, Soak it In”

By Stacey Wildberger

In the Cape Conservation Corps stated vision for our community we envision the elimination of “destructive storm water runoff and erosion from properties”. One of the tools to accomplish this goal is Rain Gardens. By controlling storm water we can improve the health of our local waterways by “slowing it down, spreading it out and soaking it in” –which is what a rain garden does. The purpose of a rain garden is to reduce storm water runoff, remove pollutants, create pollinator habitat and offer an attractive landscape feature.

What is a rain garden? It is a shallow depression in the landscape that collects runoff from rooftops, driveways, and the yard. A rain garden is graded as a shallow depression as opposed to a typical landscaped area that is raised several inches. A simple explanation is that it is a sunken garden filled with plants that are adapted to wet conditions.

A primary component of a rain garden is a filter bed, which allows the runoff to soak into the ground slowly and spread it out. The filter can be assembled on site as a mixture of sand, soil, and organic material topped with mulch and heavily planted with native, moisture-loving plants. It can also use the existing on-site soil if it percolates properly.

The plants in the rain garden should be able to withstand very wet to sometimes dry conditions because during a storm, rain water will collect 4-12” above the mulch layer before it filters into the soil (typically in 1-2 days). During times of drought it can become drier. The plants inside the rain garden basin should be able to tolerate wet feet while plants on the outer edges or berms will be plants that do not like it that wet.

Rain gardens can range from the simple design for the home landscape to moderate design suitable for a small business with several parking spots and a larger road surface than a residence, to a more complex rain garden for commercial and industrial buildings with larger parking lots, rooftops and other impervious surfaces.

We will talk about the simple rain garden that you may want to consider for your home landscape. The typical size for a home rain garden is 60-180 square feet in area to treat runoff from your home roof, driveway and yard areas, with a total drainage area of ¼ acre (10,000 sq. feet) or less - the size of an average Cape lot. The water will enter from gutter downspouts or as sheet flow into the rain garden. You can hire a qualified landscape designer and contractor who has had experience designing and installing rain gardens and then you, as the homeowner, can install the native plants and mulch and maintain the garden.

Any good landscape feature should have a suitable maintenance plan, especially in the early months of establishing the garden. The maintenance will decrease once the rain garden has been firmly established (within 2-3 years) but it will require a few tune ups along the way. During the first couple of months the plants will need to be watered as needed (less frequently if Mother Nature provides). You may experience about 10% failure rate of the plants so plan on replacing them as needed. During the first 6 months and periodically afterwards you will want to check and replace eroded areas, check in inlets and overflow areas for debris or leaves that may be blocking them.

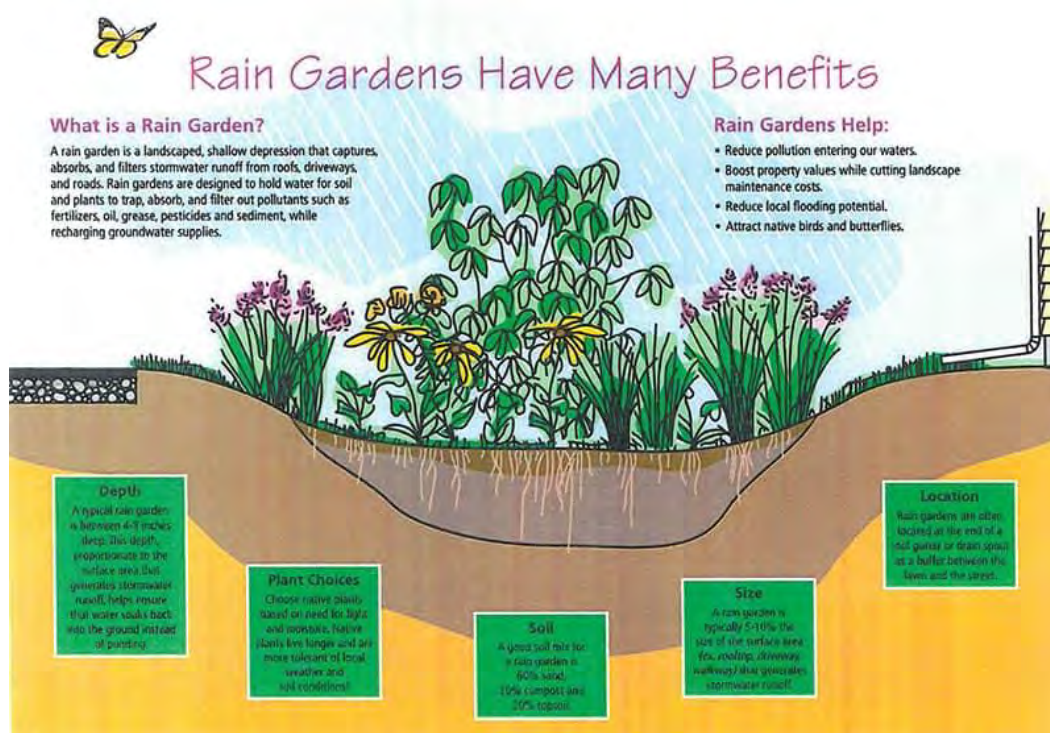
In late spring you can check over the plants for damage that may have occurred over the winter, add mulch if your plants have not filled in to create their own green mulch layer. The perennials stems can also be cut back (remember we left them standing over the winter to allow our beneficial bugs a place to hide). Remember one of the benefits to a rain garden is the habitat it provides pollinators. It is important to note that those plants we left standing all winter ARE NOT DEAD they are DORMANT and they are doing their job of providing a place for insects to overwinter. Do not make the mistake of assuming they didn't survive and rip them out. You will have just set your rain garden value back to zero. The roots that have been setting down growth under the soil will have been wasted. Plants that took 2-3 years to establish these deep roots will be replaced with new plants that will have to start all over again. You may need to edit some plants, or add additional plants but most is salvageable and just needs to be given the chance to grow when spring comes.

A few fall chores include adding to plants to increase density (the more plants the better!), prune shrubs as needed, thin (and share) excessive herbaceous plants and remove the excess (but not totally) the leaf matter. Finally, you should remove invasive weeds, dead or diseased plants, stabilize bare areas and remove any debris/trash that accumulates on an as needed and ongoing basis .

Rain gardens can not only control runoff and clean water before it re-enters the waterways but it can provided a beautiful landscape feature that benefits pollinators by creating habitat, providing food sources, and host plants for their young. If you are considering adding a rain garden to your home landscape please visit the following website to get more detailed information.

<http://aawsa.org/raingardens>

And then email at vp@capeconservationcorps.org to nominate you and your new rain garden as the next Habitat Hero!





2019 CAPE ST. CLAIRE STRAWBERRY FESTIVAL

SATURDAY, JUNE 1, 2019

RAIN DATE JUNE 2nd

PARADE BEGINS AT 10:00 AM

Festival begins with the parade and ends at 6:00 PM

As a Cape St. Claire resident, you know that summertime begins with the Strawberry Festival. This age old event seems to become more and more popular each year. A day filled with a Parade, Music (7 Bands), Food, Games, Crafters, Contest, Pedal Cars, K9 demos, a Silent Auction, traditional Moon Bounces, Face Painting, a Coloring Contest, Dunk Booth, Soak-a –Scout, Sand Art, Martial Arts Demo, Dance Demo, Pizza, Pit Beef, Hamburgers, Hot Dogs, Snow Balls, Strawberry Shortcakes, Strawberry Sundaes, Strawberry Baked Goods Contest, Strawberry Jam/Jelly Contest, THE BEER GARDEN, Decorated Bikes, Berriest Baby, and the Princess Contest are just a few of the things you will enjoy. The festival begins with the parade which takes off from the Cape St. Claire Fire Department at 10 AM on Saturday, June 1st. Follow the parade to the festival on the main beach for a day full of fun with your family, friends and neighbors. As we all know parking is limited. Chesapeake Charters has once again donated buses for community transportation. Buses will run continuously all day, stopping at the 20+ designated Berry Bus Stops. Plan ahead!! Visit our website to find the Berry Bus Stop closest to you.

<https://cscstrawberryfestival.com/berry-stops/>

More information may also be found on our face book page - *Cape St. Claire Strawberry Festival*

We look forward to seeing everyone at the Strawberry Festival!!



2019 Strawberry Festival

Sponsored by Rita's Italian Ice Cape St. Claire



Name: _____

Address: _____

Age _____ Phone _____

All entries will be displayed in the Clubhouse the day of the event. Prizes will be awarded in all age groups. **Please return Colored Entries to Rita's Italian Ice Cape St. Claire by May 31, 2019**



**2019 Cape St. Claire
STRAWBERRY FESTIVAL
PARADE ENTRY FORM**



SATURDAY, JUNE 1, 2019

RAIN DATE JUNE 2nd

PARADE BEGINS AT 10:00 AM

Parade line up begins at 9:30 am at the Cape St. Claire Fire Department

Gather your neighbors, your church group, your scout troop, and your friends. The Strawberry Festival would like to increase parade participation. We challenge your "group" to create a parade float entry for judging. Let's bring the community together for another great event and make this the best parade ever.

Parade Entry Theme (Description): _____

Please check which best describes your parade entry:

- Float*
- Vehicle*
- Walking*
- Motorcycle*
- Other: Please Explain:* _____

Contact Person Name: _____

Contact Address: _____

Contact Phone Number: _____

Contact Email Address: _____

*We agree to meet at the CSC Fire Hall at 9:15 AM on Saturday, June 1, 2019 for the Parade and Contest Presentation immediately following at the Festival on the main beach. We accept full responsibility for the safety of all participating in our parade entry.
Rain date June 2, 2019*

Applicant's Signature

Date



**Questions?
Call Mary at
410-757-0593**

Once completed, Please mail form to:

**Mary Lamb
1180 Summit Drive
Annapolis, MD 21409**



2019 CSC Strawberry Festival
“Strawberries from the Kitchen” Contest
Sponsored By
Tomaselli Fire Protection

Enter your favorite Strawberry Dessert and /or Jelly/Jam!

Do you have a Special Recipe, a Family Favorite? The Strawberry Festival Committee would like to invite you to enter your **HOMEMADE** Strawberry Themed Baked or Non-Baked Dessert or Jelly/Jam. All entries must be accompanied by the baker's information and an ingredient card for display. Entries should be dropped off at the clubhouse on Friday May 31, 2019 between the hours of 5pm and 7 pm. Homemade goods will be displayed in the clubhouse on Strawberry Festival Day. Prizes will be awarded.

Desserts will be judged as follows:

- **2 categories:** Baked & Non Baked
- **2 groups:** Adults & Children (14 and under)

Jelly/Jams will be Judged as follows:

- **2 groups:** Adults & Children (14 and Under)

All entries must be accompanied by the baker's information and an ingredient card for display.

Entries should be dropped off at the clubhouse on May 31, 2019 between the hours of 5pm and 7 pm.

Please call Mary at 410-757-0593 for further information.



2019 CAPE ST. CLAIRE STRAWBERRY FESTIVAL



Princess Entry Form

SATURDAY, JUNE 1, 2019

RAIN DATE JUNE 2nd

PARADE BEGINS AT 10:00 AM

Parade line up begins at 9:30 am at the Cape St. Claire Fire Department

- Are you a Cape Resident?
- Are you active in your community?
- Are you a young lady entering 3rd, 4th or 5th grade in the fall of 2019 or 6th, 7th, or 8th grade in the fall of 2019 or 9th, 10th, 11th or 12th grade in the fall of 2019

If you can answer yes to the above questions, the Strawberry Festival Committee is looking for you!! The Strawberry Festival Committee is looking for young ladies to represent our wonderful community at this year's festival. If you are interested please submit this form, along with a picture of yourself and your essay (see below for essay details).

Applicants must be available to ride in the parade on June 1st (Rain Date June 2nd)

Littlest Princess (3rd, 4th or 5th grade in the fall of 2019)

❖ 200 Word Essay entitled "As a child growing up in Cape St. Claire I enjoy"

Junior Princess (6th, 7th, or 8th grade in the fall of 2019)

❖ 500 Word Essay entitled "The Strawberry Festival, a Cape St. Claire Tradition"

Princess (9th, 10th, 11th or 12th grade in the fall of 2019)

❖ 500 Word Essay entitled "Cape St. Claire, a Wonderful Place to Live. As Strawberry Festival Princess I Plan to....."

The essay should summarize what you like about the Cape and what you can contribute to make it a better place for everyone in the community.

Entry Deadline: May 16th, 2019

Name: _____

Age: _____

Address: _____

School you will be attending in Fall 2019: _____

Phone Number: _____

Once completed, Please mail form to:



Questions?
Call Mary at
410-757-0593

Mary Lamb
1180 Summit Drive
Annapolis, MD 21409



**2019 CAPE ST. CLAIRE
STRAWBERRY FESTIVAL
BERRIEST BABY ENTRY FORM
Sponsored by Brown's Daycare**



**SATURDAY, JUNE 1, 2019
RAIN DATE JUNE 2nd
PARADE BEGINS AT 10:00 AM
*Parade line up begins at 9:30 am at the Cape St. Claire Fire Department***

Berriest Baby applicants must be a Cape St. Claire Resident & 24 months or younger

Entry Deadline: May 16th, 2019

Baby's Name: _____
Baby's Birth Date: _____
Parent/Guardian's Name: _____
Parent/Guardian's Address: _____
Parent/Guardian's Phone Number: _____

We The Parents/Guardians agree to participate in the Cape St. Claire Strawberry Festival Parade with our Berriest Baby. We understand judging is based upon the Strawberry Theme Decorations. We agree to meet at the CSC Fire Hall 9:30 AM on Saturday, June 1st for the Parade and Contest Presentation immediately following at the Festival on the main beach. Rain Date- Sunday, June 2nd, 2019.

I hereby give my child permission to participate in the parade and the festival activities. I will accept full responsibility for my child's safety.

Applicant's Signature

Date

Once completed, Please mail form to:



**Questions?
Call Mary at
410-757-0593**

<p>Brown's Daycare 723 Mount Alban Drive Annapolis, MD 21409</p>

Decorated Bike Contest

Sponsored by Cape Auto

Join our contest by decorating your bike in one of the
Following themes:

Disney, Star Wars, Strawberry or Harry Potter!



Child's Name _____ **Age** _____

Parent's Name _____

Address _____

Phone Number _____

We the Parents/Guardians agree to our child participating in the Cape St. Claire Strawberry Festival Parade with their decorated bike entry. We understand judging is based upon the Theme Decorations. We agree to meet at the CSC Fire Hall at 9:30 AM on Saturday, June 1st for the Parade and Contest Presentation immediately following at the Strawberry Festival on the main beach. Rain date Sunday, June 2nd, 2019.

I hereby give my child permission to participate in the parade & festival activities. I will accept full responsibility for my child's safety. I understand my child must wear a bike helmet.

Parent's Signature

Date

Submit your entry by completing this form and mail/drop off to:

Mary Lamb
1180 Summit Drive
Annapolis, MD 21409



Questions?
Call Mary at
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Parish picnic follows at 12:30 p.m.

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Bring a side dish to share

*Weather permitting

Bring a folding chair or blanket for seating



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Ages 4 to 10

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- ◆ Or looking for a deeper relationship with God



Looking for community?

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- Feel the need for a spiritual home
- Or a supportive place where you can ground your family in faith

Thinking about becoming Catholic?

- ◆ Wondering what it would be like
- ◆ Or if it's a possibility for you
- ◆ Maybe you're wondering what this Catholic faith is all about



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Are you an adult Catholic who has never been Confirmed? You may want to consider completing your Christian initiation by receiving this sacrament. We will prepare you to receive the sacrament at the Archdiocesan ceremony on Pentecost this coming June 9.

Usually only 3 sessions with a small group are required. Contact Stephany at srane@standrewbythebay.org for more information.

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Worship Service Times

9:30am Traditional - Nursery services available

11:00am Contemporary - Children's Sunday School offered

Summer Schedule:

We will start our single Sunday morning worship service on June 16th at 10 a.m.
Child care will be available.

Community Blessing of the Pets - Save the Date 5/19/19 3-5 p.m.:

Join us for this youth-led event to bring people and animals together and thank God for the blessing of the animals in our lives. They are a part of our families! You will receive a prayer for your pet written by our church's youth group and have the chance to meet other animal lovers in our community. Drop by May 19th any time between 3:00 and 5:00 p.m. at Christ Our Anchor for this exciting and faith-filled time together. Rain Date is June 2nd 3-5 p.m.

Parents of Young Children Group: Bring your little ones and come enjoy the company of other parents seeking spiritual growth.

Where: Christ Our Anchor Presbyterian Church

When: Fridays, 9:00 to 11:00 am

Dates: 5/31, 6/21, 7/12, and 8/16/19

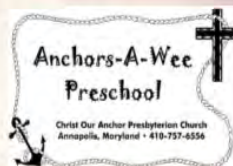
For more information, contact the church Office at 410-974-1713 or coa21409@gmail.com.

Fundraiser with Broadneck Grill Restaurant: Join us at Broadneck Grill for a night out and in support of Christ Our Anchor's mission and outreach programs. Next scheduled nights out at Broadneck Grill are Wednesdays, May 8th and June 12th, 5pm-9pm.

Mark your calendars! See you there!

Soul Searchers will be returning to Christ Our Anchor to perform their 2019 musical "Friends 4Ever" on Wednesday, June 12 at 7:00 pm.

Community Office Hours: At the Blue Rooster Café in Cape St. Claire Shopping Center every Thursday from 8:00 am to 10:00 am No appointment needed!



Mikaely Hentnick, Director
Hours: Monday-Friday 9am-3pm
Office: 410.757.6556 - Fax:410.349.2240
aawpreschool@gmail.com
www.aawpreschool.com

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Cape St. Claire United Methodist Church

855 Chestnut Tree Drive
Annapolis, Maryland 21409
Phone: 410-757-4896
Website: capeumc.org
Facebook: [facebook.com/cscumc](https://www.facebook.com/cscumc)
Email: office@capeumc.org
Pastor: Chris Broadwell



Worship Service - 9:00 AM on Sundays in the Sanctuary

Children's Sunday School - 9:00 AM Sundays. Kindergarten through 5th grade. After the Children's message in our worship service, the teachers take the students to their classroom. There they learn the stories of the Bible and participate in fun activities and create crafts that reinforce the lessons.



Worship is our most profound activity. Together we seek God's presence and place ourselves in the position to receive the gift of His Spirit. Come, Worship with us and Share our Ministries and Activities.

Blessings to all

Pastor Chris



Family Movie Night

Bring the whole family and join your neighbors each month for a free family movie, drinks, and popcorn.

Gather at 6:30pm, Movie begins at 6:45pm

May 17th - Sherlock Holmes

This is the last movie night until September



Parent's Night Out

Let us entertain your kids while you take a night off! Our CPR-certified babysitters will provide games, dinner, a movie, and snacks during a fun-filled evening! Limit 20 children, ages 6 months to 10 years. Suggested donation is \$40/child or \$65/family, but feel free to donate more as it's a fundraiser for Maddy Riser who is traveling with The World Race this fall.

Dates are: May 3, June 7, and August 2 and the time is 5-9:30PM.

Registration can be found on our Facebook page
[Facebook.com/cscumc](https://www.facebook.com/cscumc)



Saturday, June 1, 2019
Visit us at these booths

United Methodist Men

Hot dogs, Hamburgers, Sodas

United Methodist Women

Bake Goods, Refreshing tea/lemonade



My Brother's Pantry

Summer Food for Kids Program

This new program, run by My Brother's Pantry, will provide food supplements to eligible elementary school children on the Broadneck Peninsula during the summer.

Foods provided will be kid-friendly breakfast and lunch type foods in family sized portions.

You can help by donating food or providing financial support to My Brother's Pantry!

Peanut butter, Jelly, Cereal, Canned Tuna or Chicken, Applesauce, Pop-Tarts, Mac & Cheese, Canned Pasta, Granola Bars, an Cookies/Snacks

Money to support the program - \$100 supports one kid for the summer!

For more information, please contact:

My Brother's Pantry

P.O. Box 223, Arnold, MD 21012

www.mybrotherspantry.org

info@mybrotherspantry.org

410-757-5190



Save the Date

July 21st - 25th

Dinner will be provided 5:30 - 6pm

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(410) 757-1223 CSCIA Office / (410) 757-1697 FAX / Office@cscia.org

Caper Manager:

Mary Lamb / 410-757-0593 / capermanager@cscia.org

The Caper is published ten months a year and sent bulk rate to all residents of Cape St. Claire, all nonresident lot owners, local government officials and advertisers. Copies are also available in CSCIA Office, Broadneck Library and local stores.

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All submissions for The Caper must be received by the editor on the 12th of the month prior. Text ads should be submitted in Microsoft Word format (PC only), and image ads should be submitted in Jpeg or TIFF format with a resolution of 300 dpi or greater. All articles/ads must be submitted electronically to caper@minutemanpress.com. DO NOT submit as inline text of email. All articles should be clearly labeled with the 1) submitter's name, 2) phone number and 3) article filename (s). Please keep a backup copy of each file. The Caper Staff and the Cape St. Claire Improvement Association reserve the right to refuse any article, letter or advertising that it deems inflammatory, in poor taste or inappropriate.

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