

Cape St. Claire Improvement Association, Inc. Community Newsletter

OCTOBER 2019

QUARTERLY MEMBERSHIP MEETING TUESDAY, OCTOBER 22ND AT 7:30 PM

President's Perspective

OCTOBER 2019

Dear Capers,

Over the past few weeks, the cries of rage and joy were a loud cacophony around the Cape. As Labor Day wound down, parents raised their glasses and watched their precious children grab their newly minted backpacks and head off to school. It signals the inevitable. Football started up and a brisk breeze began ruffling the leaves to let them know it's time to change colors. The sun doesn't quite rise all the way and the days grow shorter. I think about what this time of year means to me and it brings an instant smile to my face. The taste of deliciously hot cider, the coolness of the morning, the kaleidoscope of fall colors, and the wonderful fall events, inside and out of the Cape, start to occur.

Fall Season is about Community

If you've lived here for the last few years, you know that things really get into the swing of things with Cape Conservation Corps's native fall plant sale taking place on September 21st. By the time you read this, you probably missed it but make sure you've marked your calendars for next year. Then, that segways to Goshen Farm's Fall Harvest pasta dinner on Saturday October 12th. By the time the trees turn their brightest orange and red, the kids will be walking around the shopping center begging for candy on October 24th. Then, the kids will be having a blast at Halloween Happenings on October 26th. If the sight of candy, pumpkins and Cape kids having a blast, doesn't get you excited about this time of year, then, well, I'm not sure what to do with you.

Important news

Hopefully, by the time you're reading this, final plans will be underway to replace the entrance sign on Cape St. Claire Road. The brick pillars are falling apart and the sign's age shows. Hopefully we'll have a brand new one in place before the turkeys hit your tables.

Interested in getting onto the board and making a difference? We'd love to have you. Sorry to those outside of the Cape, you have to be a Cape resident but please don't hold that against me. For those interested, there's lots you can do. Please reach out to our town manager,

Ryan Anderson for more information. townmanager@cscia.org. Please note that your Bios would be due before the December/Jan Caper goes out (middle of November). Not interested in being on the board? No problem. There's a page on our website called Volunteering Opportunities, which has information on the other ways you can help.

Budget Season

One really, really important thing but also boring to some, is the fact that it's budget season. Hey, not everyone loves finance, you know. We're finishing up work on the budget for fiscal year 2021 and will be presenting it at the next Quarterly meeting on October 22nd at 7:30pm at the clubhouse. This year we are proposing a \$5 increase in your SCBD assessment per household. This will take the total to \$195 per year, which is reflected on your taxes. We've tried to lower costs, even more important considering the \$600,000+ beach project which will hopefully be getting underway by early winter. We have to pay for it somehow but more details on the how and why will be covered next month.

Did you know?

The gorgeous red, orange, and yellow colors in our leaves are actually there all year round. Because sunlight diminishes in the fall, the chlorophyll in the tree's leaves starts to break down revealing those vibrant colors. Sometimes, stop and look around at the beauty that mother nature gives us. She's pretty awesome like that. See you around the Cape!

Bill Szczytko
President CSCIA

IN THIS ISSUE:

- · Board in Brief
- Message from The Town Manager
- Garden Club
- Goshen Farm News
- Cape Conservation Corps
- Health Notes
- Halloween Happening Information

Board In Brief CSCIA Board Of Governors Monthly Meeting SEPTEMBER 9, 2019

President Szczytko called the meeting to order at 7:30 P.M. He commented that he is still waiting on the official updated bylaws from the county to post on our website.

Guests were Bob Bishop, Tonya Powell from CCC, and Becky Benner from Goshen Farm and the Garden Club.

The minutes of August 12, 2019 were approved unanimously.

The P&L statement of June 30, 2019, with corrections to SCBD items, was approved unanimously.

The P&L statement of July 31, 2019 was approved unanimously.

COMMITTEE REPORTS

Town Manager: Ryan Anderson said there are still outstanding Vegetation Management Plans, including the planting of 18 trees on the Main Beach on October11. He is looking for anyone available to help with that. The beach attendants' last day was September 8. He is looking into extending hours at Main Beach and Lake Claire next year. There are still some issues with the Main Beach gate locking schedule. Seasonal Port-a-pots have been removed from Lake Claire and Main Beach, leaving one at both places. Deep Creek will go to one port-a-pot around November 15. There have been complaints about some of the Sunday morning group activities at the Main Beach. There have been some issues with the signboard calendar on our website. The next Piers Committee meeting is October 1. There will be another pump out day at the end of September. Boats not properly tied have done some damage to water lines at Lake Claire, Repairs have been made. There are still 10 slips without people having put boats in. Dumpster pick-up at Deep Creek will go back to once a week this week. Pier cameras are working fine now, and there was a repair to the Swan Pier gate lock bar. There are just the standard covenants issues. There have been some complaints about the ongoing road repairs. The auditor has all the necessary documents to do our audit. We received the BLOA's share of the property tax payment.

Treasurer: Governor Zadera said the Executive Committee squared away the SCBD discrepancies in the June P&L.

Building: Governor Roche said he's still getting a large number of applications submitted without the proper paperwork, which slows the process.

Caper: Governor Lamb said the last issue was out before the first of the month.

Clubhouse: Governor Lamb said there have been some issues with parties and end times. She also noted that many of our kitchen utensils have been removed by renters, and she will have to start inspecting after every event.

Halloween Happenings: Governor Lamb said registrations are coming in.

Strawberry Festival: Governor Lamb said the fund-raising dinner for Harry Sawyer was quite successful, and she noted that Ace Hardware is still rounding up for Harry. She added that a lot of people who dined outside during the event commented that a deck at the Clubhouse would be nice.

Entrance sign: Governor Lamb is still working on permits.

Events: Governor Schmidt said the committee is talking about hanging door hangers this year to acknowledge Christmas decorations. Governor Breeden noted that this endeavor could require up to 20 or so volunteers.

Membership: Governor Fairchild reminded all of the Membership Meeting on October 22nd.

Beaches & Parks: Governor Macindoe mentioned extending beach attendant hours next year for more evening coverage.

Piers: Governor Breeden mentioned that we lost some boards in recent storms due to boats hitting them. They have been repaired. Other than the 12 ½% January increase, there are no fee increases coming up.

Security: Governor Breeden said that with earlier darkness it was important for people to lock their vehicles and homes.

BCC: Governor Breeden said there is a meeting at AACC on October 2 from 6 to 8 P.M. for people to express their opinions regarding the placement of a third Bay Bridge span. He urged all to attend.

Technology: Governor Szczytko said he's been posting the Caper and making routine updates to the website. He said we can move forward to a web-based QuickBooks.

OLD BUSINESS

Governor Breeden said we are working with Biohabitats regarding the plans and comments that were submitted. Biohabitats will reply to them. He noted that permits are fluid until final approval. We have begun the loan approval process with the county. We are working on a \$50,000 grant from Fish and Wildlife for Lake Claire oyster reefs and fish habitat. If we get it, the money would be available in January of 2021.

In response to a question, Governor Szczytko said there have been no problems with the Cape Pool's septic system.

COMMENTS

Becky Benner said the Goshen Farm Open House will be Saturday, September 14 from 10 A.M. to 4 P.M. Their October Harvest Sharing Dinner will be October 12 from 5 to 7:30 P.M. The Garden Club Harvest Dinner will be October 27.

Tonya Powell said that on September 28, starting at 9 A.M., the CCC will be putting in 150 plants at the "Serene Ravine" on Lake Claire Drive. Volunteers are needed. The CCC will have a bat table at Halloween Happenings. Their native

continued on page 4

A Message from The Town Manager



Capers,

Fall is in full swing, and before you know it, Halloween will be here! Halloween can be a really fun and spooky time that brings our neighbors together, but it is important that we remain considerate of one another and the safety of our community. Plan ahead for parties and make sure your guests park in approved areas and are not blocking the road or sidewalks. If you have to go out, drive slowly and be alert for children that may dart out into the street. Remind your children to stay on the sidewalk, cross at street corners, and always look both ways before crossing. While dark and spooky may be the theme of Halloween, if you're handing out candy, you'll want to keep your porch well-lit when trickor-treaters come parading in their costumes. Ensure that they can clearly see where they are going to reduce the risk of injuries. A darkened home is often an indication that no one is available and keeps the goblins moving along to the next house!

As part of my capstone project for my certification with the Anne Arundel County Watershed Stewards Academy, I will be organizing and leading a CURBSIDE CLEAN-UP on Saturday, November 23rd (Rain date will be Saturday, December 7th). The goal is to remove all the fallen leaves from the curbside of Hampton Road and Chestnut Tree/

Blue Ridge Drive. The clean up will span 1.6 miles and cover 31 stormwater inlets. This will hopefully inspire others around the community to do the same by removing leaves and debris from roadside curbs, ditches, and stormwater drains. Anyone individual, family or organization wishing to volunteer for this Community Clean-Up effort, please feel free to contact me for details on how you can help. We will need at least 20 volunteers to complete this project in a timely manner.... And I promise donuts!

Our Quarterly Membership Meeting will be held October 22nd at 7:30 pm in the clubhouse. The best way to stay informed is to participate-I hope to see you there!

Don't forget the clocks "fall back" an hour on Sunday, November 3 at 2:00 am.

Please feel free to reach out to me with any questions, suggestions, or if you are in need of assistance.

Cheers,

Ryan Anderson

Cape St Claire Town Manager TownManager@cscia.org 443.510.3116



Earlier this year I listed a house that had been an investment property for several years. The house had its challenges. A current renter occupied the house (although he was quite cooperative.) Just before the deadline of possibly renting again, a contract came in \$20,000 less than the list price. We worked hard on raising the price and I finally advised the seller that he was better off renting the house again. As we made the motions to change the listing, another offer came in. The new offer was actually \$10,000 over the original reduced price! What a blessing for the sellers!

The sellers were a bit skeptical thinking it was too good to be true! In the end...., "We appreciate you sticking with this and bringing it to a close". THE END (WHAT A GREAT STORY!)

Erin & Chris (delighted sellers!)



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Board in Brief, continued from page 2

plant sale is September 21 from 9 A.M. to 12 P.M. in the Clubhouse field.

OLD BUSINESS

The proposed FY21 budget was presented with two options: raising the SCBD fee to \$195, and raising it to \$200. There was much discussion of increases and decreases to various line items, along with the pros and cons of an increase to \$195 or \$200, and raising the cap either this year or the next. There was also some discussion of raising the cap and fees once the Main Beach project is finished, for a short period of two to three years to pay off the beach loan early and save ourselves a lot of interest money. After long discussion, it was moved and passed that the Board recommend giving the Budget Committee a proposal with a \$195 SCBD fee, and have them tweak the budget to lower certain capital expenditures to keep it balanced. The budget article in the Caper will note the increase to \$195 and the fact that no cap

increase is being sought.

Governor Szczytko added that he has scanned in the BOG minutes from 1992 to 1996.

ADJOURNMENT

The meeting was adjourned to a Closed Session at 8:57 P.M.

CLOSED SESSION

A Closed Session was convened at 8:58 P.M. and adjourned at 9:14 P.M.

MEMBERS PRESENT

Governors Breeden, Fairchild, Lamb, Layman, Macindoe, Roche, Schmidt, Szczytko, and Zadera were present, as were Budget Committee Chair Buchet and member Moore, as was Town Manager Anderson.

Anne Arundel County 3-1-1 Customer Service Program - Call or Click for Quick Response

Citizens can access the system by simply dialing 3-1-1 for all municipal services.

Operators are available from 8 a.m. to 4:30 p.m., Monday through Friday. Please dial 9-1-1 for emergencies and medical assistance.

Citizens can also download the mobile app through the App Store (iPhone) and Google Play (Android).

Only a simple signup process is required. Just hit the magnifying glass and search for "Arundel 311."

The mobile platform, through the See-Click-Fix application, allows citizens to report a lost pet, a pothole, a missed trash collection, traffic signs, illegal signs, and many other issues. Using your mobile device, you can take a picture, set a location, and receive updates on the response to your issue.





HEALTH NOTES: Vitamin D Deficiency



Background

Vitamin D deficiency is a global health problem. Even with the major medical advances in the last century, vitamin D deficiency is still epidemic. More than a billion people worldwide are vitamin D deficient or insufficient. Vitamin D, also known as "the Sun Vitamin" is a steroid with hormone like activity. It regulates the functions of over 200 genes and is essential for normal growth and development. Vitamin D status depends on the production of vitamin D3 in the skin from receiving ultraviolet radiation from the sun and vitamin D intake through diet or vitamin D supplements. Usually 50 to 90% of vitamin D is produced by sunshine exposure of skin and the remainder comes from the diet. The normal diet consumed by most humans contains little vitamin D. In humans, the production of Vitamin D begins in the skin, not in the mouth. However, important dietary sources of vitamin D are egg yolk, fatty fish, fortified dairy products and beef liver.

Symptoms

- Thinning or brittle bones, osteoporosis, or frequent bone fractures
- · Muscle weakness
- · Changes in mood, such as experiencing anxiety or depression
- Chronic pain, as vitamin D plays a key role in supporting bone, muscle, and cell health
- · High or rising blood pressure
- · Exhaustion, even with enough sleep
- · Decreased endurance
- Unexplained infertility

Causes

- Living at a high latitude: This is due to there being less access to the sun's ultraviolet-B (UVB) rays.
- Being indoors too much: Spending little or no time outside means missing out on the sun's rays.
- Living in a highly polluted area: Pollution can absorb some of the sun's rays, so reducing scope to make vitamin D.
- Using large quantities of sunscreen: Using enough sunscreen to block the sun's rays might interfere with vitamin D production. But few people use enough sunscreen to block UV rays fully.
- Having darker skin: People with darker skin need more sunlight exposure to absorb enough vitamin D.
- Ambient temperature: Warm skin is better at absorbing the sun's rays to produce vitamin D than cool or cold skin.
- Diet: Eating foods rich in vitamin D, or foods that have been fortified with the vitamin, reduces the risk of vitamin D deficiency.
- Being overweight: Research suggests that being overweight correlates with lower vitamin D levels. This may be because excess body fat somehow affects vitamin D absorption.
- Age: People's ability to absorb vitamin D may decline with increasing age.
- Gut health: Disorders that affect the gut, such as Crohn's disease, can undermine the intestines' ability to absorb vitamin D.

If you believe you may be deficient in Vitamin D, ask your primary care practitioner to test your Vitamin D levels

Treatment

Take a vitamin D supplement: These are readily available over the counter. A doctor may also prescribe a supplement or multivitamin. For most adults, the recommended dietary allowance (RDA) is 600 IU. For adults over 70, the RDA is 800 IU. For children under 12 months, it is 400 IU.

Eat foods rich in vitamin D: Fatty fish such as tuna, salmon, and mackerel, as well as fish liver oils, are excellent natural sources. Beef liver, cheese, and egg yolks contain small quantities of vitamin D. Milk is fortified with vitamin D, as are many cereals.

Increase exposure to natural sunlight: The risks of sun exposure might be greater than the risks of vitamin D deficiency for people vulnerable to sunburn, with a history of skin cancer, or with very pale skin. They should talk to a doctor about whether spending more time in natural light is a good idea or not.

Preventing Vitamin D Deficiency

Eating foods rich in vitamin D and spending 15-20 minutes each day in natural sunlight are the best strategies for preventing vitamin D deficiency.

By Deborah Campbell CRNP, a local Nurse Practitioner who makes home visits in the Cape area for a nominal fee. Call Annapolis Health 443-362-2400 for further information.



You know fall is coming when people start arguing about whether or not it's too early for pumpkin spice and much of the garden is starting to wilt. On the bright side, there are many fall bloomers such as goldenrod, zinnia, obedient plant, and autumn clematis. (Stop by the Clubhouse front garden this October for what promises to be a glorious display of blue asters and peach chrysanthemums!) Hopefully, fall will bring more rain than we had in August. I don't know about anyone else, but I'm starting to feel like a mummy! So assuming we do get rain, remember that the fall is a great time to plant perennials or spring-blooming bulbs, or to divide and move plants to other locations in your yard. You can do so even into November, while still giving plants plenty of time to develop solid roots before the ground freezes in late January. Often, I will buy a plant and throw it in the ground any place just to let it overwinter while I decide where I ultimately want it to go. If you select the right location, plants are wonderfully forgiving!

You can learn so much about plants and gardening by joining the Garden Club. Our first meeting of the year was a great success with four new members joining and a lovely slideshow narrated by our own Sandy Ives. We viewed pictures of Members' gardens, as well as photos from our Secret Garden Tour. We also saw photos from the community gardens maintained by our Club: the gardens fronting the Clubhouse, Segree Memorial Park, and the island gardens on Green Holly Drive & Cape St. Claire Road. Many thanks to all our Members who pitch in each summer to keep these gardens in top shape! At the meeting, Members enjoyed seeing different designs and discussing what has worked well in each person's garden. In addition, Members shared slides from their visits to botanical gardens all over North America, featuring African stone sculptures, fantastic plant designs, and enormous sculpted hedge characters. Even in the Cape, there is so much creativity on display. As you drive around, you can see 5 lovely examples at the gardens of these September Yard of the Month winners.

Area 1: The Wajbels, 1055 Little Magothy View

Area 4: Erich & Kathy Wolf, 1017 Mt Holly Drive

Area 2: Carole Williams, 1008 Mountaintop Road

Area 5: Burt & Joan Walsh, 1164 Gateway Drive

Area 3: Jerome Zadera, 1003 Lakeview Drive

Our next meeting is Tuesday, October 3rd, at 7 p.m. at the Clubhouse. We'll have a slideshow presentation on *Spring Bulbs, Ephemerals, and Early Bloomers*. If you get tired of the winter doldrums by February and long for color and flowers, as many of us do, then this talk is for you! Afterward, Members will collaborate on an opportunity to order some of the featured spring-blooming bulbs from a bulb wholesaler. Afterward, we'll also have our popular annual *Seed & Cutting Exchange*. Members and guests can exchange foliage, flowers, herbs, and succulents, giving one another a chance to try new plants at no cost.

Then on Sunday, October 20th, we celebrate another year of gardening fun and fellowship with our annual *Harvest Dinner Potluck*, with the season's Yard of the Month winners as our honored guests. And then on Tuesday, November 12th, we'll attempt our first ever *Mushroom Log Workshop*. Please join us with your cordless drill if you'd like to take home a log inoculated with spores for growing your very own mushrooms!

Please join us! You can get some great tips, meet some nice folks, and get out of the house! Guests are welcome, and membership is just \$10 per family per year. All of our upcoming meetings and events can be found online at our blog capegardenclub.wordpress.com, and you can even see photos from prior years' activities. Happy Autumn, Capers!

- Submitted by Jeanne Klingler





- Before first frost, pinch 6" cuttings of coleus, sweet potato vine, blood leaf, basil, begonias to root in water and repot inside for the winter months.
- Move tender plants like geraniums, kalanchoe, caladiums, and hibiscus into the basement or a garage that stays above freezing.
- Dig up or mulch heavily your cannas; dig up your dahlia tubers and store.
- If you use cold frames over your vegetables, bring them out to protect the kale and lettuces. Even some clear plastic sheet can warm the soil by several degrees.
- Rake & chop up leaves and place in the flower beds as mulch, where they make a blanket to help keep the ground warmer during the coldest winter months.
- Or add chipped leaves to your own compost pile, which you can use in the spring to enrich your soil when you begin planting again.
- Leave fountain grasses and sedums standing they provide valuable shelter for wildlife and look beautiful coated in snow for winter interest in the garden.

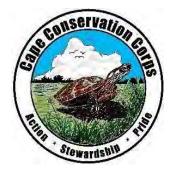


October 2019 THE CAPER 7

\$2 entrance per family will be collected for the Chesapeake Bay Foundation.

Questions? Want to volunteer? zerowastecapers@gmail.com

You are not required to bring goods to participate. All leftovers will be donated to charity.



Habitat Hero 3rd Quarter WINNER!

Virginia Klocko, a Cape resident since 1978 she has been spent the last 40+ years transforming her yard into a habitat haven for the local fauna. She has been busy removing invasive species over the years, letting the native plant volunteers have a safe haven in her yard to thrive. Her and husband Bill have 5 compost bins, use their fallen leaves to mulch and re-use waste water for watering their gardens. Their lawn is a mixture of moss, native groundcovers and assorted volunteer grasses. Please visit the website to learn more about all the native plants she has and her monarch nursery! https://capeconservationcorps.org/blog/

Upcoming Events:

Serene Ravine: Weed Warriors meet Wednesdays from 5:15-6:45PM the at the Serene Ravine to pull invasive species Halloween Happenings: Stop by CCC's table October 26th 10am-3pm to get the spooky low down on all things BATTY!

Broadneck Grill Fundraiser Night: October 26th 5-9pm CCC Will receive 10% of your food bill (1/2 price bottles of wine.

Doug Tallamy, author of "Bringing Nature Home" will be at St Andrews by the Bay October 30th 7-9 pm. Highly recommend attending this event to learn more about the importance of using native plants in your landscapes.

5th Annual Harvest Bash: November 1st 2019 7-10 pm at the CSC Clubhouse. Music, food, and adult beverages included in your \$25 ticket in advance \$35 at the door. Please come out for a fun night and support Cape Conservation Corps biggest fund raiser of the year!

The Serene Ravine of Lake Claire By: Stacey Wildberger w/ Al Todd

There is a little known, sometimes forgotten Ravine that feeds into Lake Claire, across from the property address 1037 Lake Claire. According to resident Al Todd, most of the flow into the ravine is intermittent (i.e. flows mostly in response to rainfall and storm water runoff with some minimal base flow) The watershed reached up to St Margaret's Road and Hampton Road, Glenwood Dale Drive to Summit Drive. When the sewer lines were first installed in the Cape, a main line was run down through this area and for a long time there was an access road to the pump house that ran from Lake Claire Drive down. The rusted poles and part of the old cable gate are still there. Soon after the sewer line, a storm drain inlet was installed at 1037 Lake Claire and the original stream channel that ran through this lot was placed in a concrete culvert to prevent flooding of the road. Gabion check dams were installed about the same time to prevent too much erosion from the storm water system. It is likely that the entire area was disturbed during this decade of sewer installation and storm water work. A group of residents formed Friends of Lake Claire and began working on cleaning up the many invasive plants and hauled tons of debris out of the ravine, pointing to the fact that it was likely a dumping ground and storage site for construction supplies. In 2013, with funds from a grant, they hired Eco-Goats as an environmentally and efficient way to remove the invasive plants that covered area. You can still see the vines hanging down to just above the tallest goats reach. Later, Friends of Lake Claire became Cape Conservation Corps in 2015 as we broadened our focus to other natural areas of Cape St Claire.

Interestingly, there is still a small intermittent wetland on the lower west side of the ravine that is likely fed by groundwater. It remains wet for several days to a week after rainy spells. Bald cypress and willow were planted down there; keeping the lower part of the trail very wet as it overflows during these periods. Long-time Broadneck Peninsula Mac Rideout resident shared the following story with Al many years ago, before his passing. "His family owned much land in the area (including Whitehall manor and other properties). He was a real history buff and wrote a history of the area some years ago. One of the stories he told me one time he was at my house was that when he was a boy (and there was no Cape St Claire, no Highway 50, no Bay Bridge, etc. They used to ride their horses all over this area because they were part of the Pony Club (red building at entrance to CSC) and used to race on the track that used to be at Revell Downs and the straight race track that turned into Hampton Road. He said they used to ride horses down to the beach near Lake Claire and they always stopped at a spring that was in the ravine just behind my house. That spring is gone of course, probably largely from the reduction of recharge from development."

Over the past year Cape Conservation has stepped up our efforts to further clear invasive plants from the Ravine to make way for beneficial native plants. Some of the plants have been planted by us but many have sprung up on their

own after being given a chance to thrive once the invasives were under control. Last spring we experimented with fighting plants with plants. We ordered 200 plugs of *Packera Aurea* golden ragwort and planted them in groups of 10-12 in various 5' circles areas that invasive garlic mustard was known to grow. The idea is that the golden ragwort will spread and suppress the garlic mustard. Throughout the spring and summer we have met almost weekly to hand pull the garlic mustard before it produced seed to help stop the spread of even more. We have watched those small plants thrive, and spread in just this first season. As we are weeding we have been planning where to plant another 150 plugs at the end of September for even more coverage.

As I mentioned, the more we have removed the invasive plants from the area the more you can see other plants, particularly native plants volunteering in the space. I was very excited to see the following native plants come up in the Ravine as they offer valuable resources to our local fauna. Please do not judge these plants by their names (almost all end in WEED). A weed is simply a plant growing in a place you do not want it. While some of these natives tend to be a bit aggressive they all serve an important part of our ecosystem. The banks of the ravine are covered right now in Impatiens capensis jewelweed, a 3-5' late spring to early fall orange blooming herbaceous plant. One of the best features of this "iewel" is it attracts hummingbirds, butterflies and bees It is commonly found growing in ditches and along creeks so the Serene Ravine is the perfect location for it to thrive. One of my favorite pollinator attracting plants that has sprung up in the Serene Ravine is Eupatorium serotinum late-flowering thoroughwort or boneset. A member of the aster family, it is fall blooming so it offers an important late season nectar source for pollinators and migrating butterflies. The tiny white flowers can be seen covered in the largest variety of bees, flies, and other small insects I have ever seen. As we know, Asclepias sp. milkweed is the only host plant that Monarch butterflies can lay their eggs on. The Serene Ravine has become a nursery for the baby monarch caterpillars as Asclepias syriaca common milkweed has volunteered there. While I was there last week I found many caterpillars munching happily away on this plant that many consider a "weed". These caterpillars will become the next generation of Monarchs that will soon begin their fall migration. Luckily, in addition to their host plant we also have several nectar sources at the ravine for them to fuel up on for their long journey. This next native "weed" I have a love/hate relationship with, Phytolacca Americana, pokeweed. I love it because the dark purple berries provide a wonderful source of food for migrating and over wintering birds, the hummingbirds enjoy the nectar of the white flower and it is a host plant for giant leopard moth. The berries even nourish our neighborhood foxes, opossums and raccoons. The hate because it can become so aggressive and quickly take over an area. In my own yard I let it be in some of the wilder areas but try to control (remove) it from the garden areas. In the right setting this "weed" can be a valuable addition to the ecosystem. What I learned over the last several months of weeding at the Serene Ravine was to not judge the plants that are growing there too quickly. I have spent time getting to know what is there, identifying them and finding out what benefits or hazards they offer. I took time to look for caterpillars on the milkweed, watched the swallowtail butterflies sip nectar from a highly invasive vine we are trying to eradicate, I studied the delicate boneset supporting so many varieties of pollinators and I noticed the ripening berries of the pokeweed that will soon nourish a variety of birds, including cedar waxwings, mourning doves, eastern kingbird, great catbird, summer tanager and hooded warblers. I encourage you to stop by the Serene Ravine and walk the path, stop on the benches and observe the life that is being supported in this little slice of natural area.

We need Wednesday Weed Warriors to control the invasive that continue to pop up and nurture the natives that spring up to support the local fauna. If you are interested in helping with the continued restoration efforts please let me know at president@capeconservation.org.



NEWS FROM



HISTORIC GOSHEN FARM AND EDUCATIONAL CENTER

The History of Goshen Farm

The Puritan settlers originally maintained their own records, none of which survive. The earliest land records are from about 1660. The first record found pertaining to the land that would become Goshen Farm was a patent by Henry Woolchurch in 1663. Mr. Woolchurch is discussed in more detail below.

By the 1660's the majority of the original settlers of Providence moved on to other places in the Chesapeake region, and a new wave of settlers soon arrived from Virginia and England.

Why these settlers chose this particular place is open to speculation. It may have been the geography of Whitehall Bay and the Severn River, or possibly the close proximity to William Claiborne's trading post on Kent Island. I've read accounts that claim the topography and vegetation of the area reminded them of home.

Whatever the reason, their decision to settle in our little corner of Maryland had a profound impact on the future of the colony, and eventually the state.

Henry Woolchurch

Henry Woolchurch was the original documented owner of the land that eventually came to be known as Goshen Farm. He was among the first to arrive from Virginia and settle in Providence on Greenbury Point, as evidenced in James Ehlen Moss's book "Providence, Ye Lost Towne at Severn". The book lists Henry as "On the Adventure" and "Ye commissary".

As an orphan, Henry's life started out more difficult than many. From the records of St. Mary Woolchurch Haw, London state "31 Jan. 1622/23. A child left in our parish and named Henry Woolchurch". Nothing is known of Henry's upbringing, and as he appeared in America prior to 1651.it is likely that he came as an indentured servant. However, there is no "headright" claim in the records.

His first appearance in the land records of Anne Arundel County is in November 1653, when he bought the land of Richard Young along Deep Creek and the Magothy River. He very likely participated in the Battle of the Severn in 1655.

Henry converted to Quakerism sometime before 1658, as had many of his neighbors and he was granted the land that would be called "Leonard's Neck" in 1662

Seven years later in 1669, Henry Woolchurch "of Severn River" assigned the 290 acres that comprised "Leonard's Neck" to Alexander Gardiner and John Wray. John Wray's portion of "Leonard's Neck" was eventually purchased

by John Pettibone Gardiner and became Goshen Farm. Alexander Gardiner's portion passed to his stepson, Edward Gibbs, and in turn became the property or "glebe's" of St. Margarets Church.

Henry, his wife Elizabeth and daughters relocated to Talbot County on the Eastern Shore of Maryland, along the Choptank and Tred Avon (Third Haven) rivers, in present day Easton.

In 1682 he was one of five men from the Third Haven Friends Meeting who purchased three acres of land from John Edmondson, and the erection of the Meetinghouse was begun. Two years were consumed in its construction, as the timbers had to be hewn with a broadax and finished with such tools as were used in that day. Among the builders was William Southeby, said to be the first Native American to write against slavery. The building still stands, and is reported to be the oldest operating religious structure in Maryland.

The great fire of London in 1665 destroyed the church that was Henry's namesake. The London Mayor's residence was rebuilt on the site. The Parish was merged with St. Mary Woolnoth.

Upon his death in 1695, he left almost 1200 acres to his heirs. Having no sons and four daughters, Henry's name, like the church that gave him his name, disappeared into history.

There is still a place where the name Woolchurch survives. Near the mouth of the Severn River, directly opposite the US Naval Academy's Dewey Field, is a small indentation of water that bears the name "Woolchurch Cove".

THANK YOU ALL!

This may be a little late, but a big thank-you to all of the 80+ Goshen Farm supporters who attended our annual Wine Tasting & Silent Auction. We know you had a great time, because you told us! Thanks to the very generous bidders at the Silent Auction. You helped Goshen Farm raised over \$2.600 in auction revenue and admission donations raised another \$1.600. Of course, none of it would have been possible without the incredible support of Bella's Liquors, which provided all of the wine and food. The silent auction could not have taken place without the generous support of businesses and individuals who provided items for the auction. Finally, thanks to Color Fire marketing for their creativity and support in marketing the event FB is not designed for listing the many supporters. A full list will appear in the next issue of the Caper and will soon be posted on our web site.

continued on page 12

Goshen Farm Preservation Society presents its

Annual Harvest Pasta Dinner Saturday, October 12, 2019 5:00 PM to 7:30 PM



Bring your family! Bring your friends! Bring the neighbors! This family-oriented dinner will be held at Gloria Dei! Lutheran Church located at 461 College Parkway, Arnold, Maryland. It will feature home-made Marinara sauce prepared from organically-grown tomatoes by members of the Sharing Garden, served over spaghetti and meatballs, spaghetti squash for the gluten intolerant, salad, rolls, soda, iced tea, water, coffee, and home-made desserts.

Wine will be available at extra cost.

Suggested donation—Adults: \$10.00 and Children: 10 and under: \$5.00.

A special thanks to all of the Sharing Garden gardeners who contributed tomatoes, vegetables, and their precious time to make this event possible. Thank you to the Irish Restaurant Company for its donation of the pasta, salad, dressing, bread, and cheese.



Goshen Sharing Garden, a place to have your own garden space

News From Historic Goshen Farm, continued from page 10

Bay Hills Deli - The Bead Lady - The Blue Rooster Café - Soul Restaurant - Broadneck Grill - Café Mezzanotte - Cantlers Riverside Restaurant - Cape Ace Hardware - Cape Hair Scene - Cape Auto - Color Nails & Spa - Dick Arnold (Photography) - Donnelly's Dockside Seafood, Bar & Grill - Down Time Charters - Franklin's Toys - Graul's Market - Gordon Biersch Restaurant & Brewery - Healing Hands Massage Therapy - Houck's Menswear - Larry Jennings - Kentmorr Restaurant - Vickie Layman - Lyon Distilling Co. - Mercado and Associates Inc. - Murray Family - O'Loughlin's Restaurant - Pizza Hut - Port Tack Ltd. - Red Hot & Blue - Richards Tree Care - River Bay Roadhouse - Spizzico Italian Kitchen - The Great American Carwash - Valentine Bauer, D.D.S., P.A. - Wallace Family - Whimsicality

Monarch Way Station Official

It's official: Goshen Farm received its Certification of Appreciation for the creation and maintenance of Monarch Waystation Number 25434. MonarchWatch.org issued the Certification to Goshen Farm in recognition of "...(providing) milkweeds, nectar plants, and shelter for Monarchs throughout their annual cycle of reproduction and migration." Monarch Watch is an international group dedicated to the conservation and the continuation of Monarch migration in North America. Impressive undertaking – and Certificate!

More Professional Development Days for AACPS Teachers

On Monday and Tuesday August 26th and 27th, a total of more than 140 teachers came to Goshen Farm for Professional Development

Speakers and topics included Kelly Mackall, Anne Arundel County Recycling and Waste Reduction Division, spoke about the new recycling regulations and other services provided by the Division; Bryan Gomes, ClearShark H2O, the first initiative of ClearShark Charitable Foundation, gave a talk entitled "Oysters 101;" Bob Nestruck, GFPS Garden Chair, spoke to gardening tips and to attendees on a tour of the Sharing Garden; Deanna Hamilton, Broadneck High School (BHS) Student Government Association, spoke about the Intention Bracelet Project; Jennifer Sweeney/ Melissa Quigley, BHS Health and Physical Education Department, spoke about Mindfulness Strategies; Michelle Weisgerber, BHS Signature Program Facilitator, provided an overview of the Green School Program at BHS; Dean Cowherd, retired USDA, NRSC, Assistant State Soil Scientist, gave a presentation on the importance of soil health; Terry Brandon, GFPS member and coordinator of Hoop House activities spoke about the use of the Hoop House and the importance of pollinators; Roy Benner, GFPS Grounds Chair provided information about the GFPS Apiary, some new projects at Goshen Farm, like the recently completed Wildlife Pond, and the history of Goshen Farm; and Dick Arnold, GFPS member provided information on the life cycle of Monarch butterflies and their importance as pollinators.

The teachers were divided into groups of 8 or 9 individuals and attended ten specific sessions of about 18 minutes each.

Wildlife Pond Completed

Roy Benner, Goshen Farm Grounds Chair, had an idea back in 2015. Wouldn't it be great if the little pond that sits to the south of the Goshen Farm House could be restored to how it was depicted in some old pictures? The pond where the Radoff's dogs played and chased geese in the spring and fall. He brought the idea to the Goshen Farm Board for discussion where it received enthusiastic support.

Roy found an ally for his idea of an expanded wildlife pond in the USDA Natural Resources Conservation Service (NRCS) and the Anne Arundel Soil Conservation District (AASCD), which drew up plans completed in November of 2016. The pond expansion was deemed a "Best Management Practices" and eligible for a cost sharing grant from the NRCS.

One of the best features of the pond was the diversion of rain water from the roof of the Goshen Farm House away from the house and into the pond. This feature will alleviate water in basement section of the house and reduce foundation damage due to due excessive ground moisture.

Mathew Dawson did the trenching for the rain water diversion part of the project between June 2 and June 12, 2019. About 80 percent of the roof water will be diverted to the new pond when it is stabilized and completed. Tom Superczynski volunteered to dig the pond with GFPS-rented equipment. He started July 28th completed digging pond August 29th.

The bobcat used by Tom could only do so much so Roy fine graded all the disturbed soil surfaces in preparation for the final steps which included applying lime to the soil, fertilizing the soil, seeding the disturbed areas with a mixture of four different grasses, and applying straw and mulch all areas. This in itself was a huge job that Roy tackled single handedly.

The project was completed August 31 and the AASCD was notified the same day that the project was ready for their review of the plans and project. The roof water will begin being diverted after the grass is well established. The seeded area is being watered daily for 4-6 hours and the young grass started to emerge on Labor Day.

On September 4, 2019 the AASCD came out and resurveyed the pond for a final review of the project and the line drawings of the Roof Drainage and Pond Project.

AASCD final approval was pending as of September 8, 2019.

Correction: The Kayak Raffle winner was listed in the last issue of the Caper as Jessi Windon. The winner was actually Taira Sullivan. We apologize for the error.

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1601 Pleasant Plains Road Annapolis, Maryland 21409 (410) 974-0200 www.st-margarets.org info@st-margarets.org

> Sunday Services 7:30, 9:00, 11:15 a.m.

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- √Youth Group
- Fellowship Dinner at 6:20 p.m.
- Adult studies and speakers
- /Adult Chorus rehearsal

Nursery care available from 6:30 to 8:30 p.m.







TRICK OR TREAT AT THE CAPE ST. CLAIRE SHOPPING CENTER -

THURSDAY, OCTOBER 24, 2019

Join your friends and neighbors as they dress up and trick-or-treat at the Cape St. Claire shopping center Trick-or-Treating will begin at 5:30 pm and last until 6:30 pm or until the candy is gone!!! Look for the signs in the windows of the local merchants to identify those participating. As always do not forget to say thank you!!!!



HAY RIDES, PUMPKINS, FACE PAINTING, GAMES, BIG SLIDE, SCARECROW MAKING, CRAFTS AND MORE......

SATURDAY, OCTOBER 26TH, 10 AM - 3 PM.

Join your friends and neighbors for a halloween event in the clubhouse corral (next to the clubhouse). This event hosted by the strawberry festival committee will benefit "my brothers pantry" via food donations. Admission to the event requires \$5.00 per child and the donation of non-perishable food items such as peanut butter and jelly, pasta sauce, cereal and canned meats. Please be generous as this organization provides food to the needy on the Broadneck Peninsula. Food donations will be collected at the event.

ADVANCED REGISTRATION IS REQUIRED

| FAMILY NAME | PHONE # |
|-----------------------------------|-------------------------|
| ADDRESS | |
| CHILD'S NAME | AGE |
| CHILD'S NAME | AGE |
| CHILD'S NAME | AGE |
| # OF CHILDREN ATTENDINGX \$5.00 = | (Adults are free) |
| # OF SCARECROWS TO BE MADE(| see necessary supplies) |

SUPPLIES NEEDED FOR EACH SCARECROW-1 PAIR OF PANTS WITH BELT LOOPS, 1 LONG SLEEVED SHIRT, PANTY HOSE (1 pr) AND A STRAW HAT OR A BALL CAP

REGISTRATION SHOULD BE MAILED ASAP AS SPACE IS LIMITED!!

PLEASE COMPLETE THE ABOVE REGISTRATION FORM AND RETURN to

Strawberry Festival C/O Mary Lamb- 1180 SUMMIT DRIVE - ANNAPOLIS, MD 21409 (410-757-0593)

Enter the Cape St. Claire 2020 CALENDAR PHOTO CONTEST

Recently taken a great photo of Cape St. Claire or the Chesapeake Bay? The 2020 Cape St. Claire Community Calendar is sponsoring a photo contest. The winning photo will be published on the front page of the 2020 calendar. A \$100.00 cash prize will also be awarded.

The photo contest is limited to Cape St. Claire residents, lot owners, and Cape St. Claire Shopping Center business employees or owners. There is no age limitation. Previous calendar contest winners may also enter photographs. Photos submitted for the previous contest may also be reentered. If your photo is selected, having a **high quality** digital copy of your photo on CD/DVD will be very helpful.

To enter, drop off your photos at Cape Ace Hardware in the Cape St. Claire Shopping Center.

Photo submission deadline is Thursday, October 4, 2019. Photos must be submitted in a horizontal 8" x 10" format in either color or black and white. The subject matter must pertain to the Cape St. Claire area or the Chesapeake Bay. The winning photo will be selected by the CSCIA board of governors and will become property of the CSC Improvement Association. The winner will be announced in a following issue of The Caper. Photos that were not selected can be picked up at Cape Ace Hardware two weeks after the contest deadline. For questions, call Amy Podd at 443-623-3694.

2020 Cape St. Claire Calendar Photo Contest

Please tape this coupon to the back of each photo submitted. You may submit as many as 5 entries.

| Name of Photo |
|--|
| Your Name |
| Address |
| Telephone |
| I give permission to the 2020 CSC Community Calendar to publish my photo on the front page of the calendar if it is chosen as the winning photograph. The winning photo will become property of the CSC Improvement Association. I acknowledge that the CSCIA, A.P. Business Solutions, the 2020 CSC Community Calendar or Cape Ace Hardware will not be held liable for any damage, theft or loss of any photos I enter in the contest. |
| Signature: |

Broadneck Baptist Church

NEWS ALERT: Mobile Farmers Market FRIDAY 4-6pm in the Cape (see below)



Worship – Sundays at 10:00 am

Broadneck Baptist Church is a unique progressive Baptist community made up of people of all ages, ethnicities, backgrounds, and perspectives. This is a place where all are welcome! (childcare provided)

Location in the Cape: 1257 Hilltop Drive, around the corner from Graul's.

Send us a message at <u>www.broadneckbaptistchurch.org</u> or just visit to learn more about us. Reach pastor Abby Thornton Hailey at <u>broadneckpastor@gmail.com</u>

Community Conversations on Race: Every second Sunday of the month

Whether you have joined us before or you are open to conversation and this is your first time, feel invited to come and be part of this event. We usually watch a documentary followed by time to talk to and learn from each other.

Fridays 4-6pm "The Black Bottom Farm Mobile Market Bus" visits

Who? The Black Bottom Farm Mobile Market Bus sponsored by Broadneck Baptist Church

Where? Broadneck Baptist Church Parking Lot (1257 Hilltop Drive, Capte St. Claire)

Around the corner from Graul's

When? Every Friday 4 – 6 pm

What? Fresh veggies and other locally-sourced food

(Healthy meals & snacks, seasonal produce, meat & alternatives, dairy, eggs, seafood)

Info? www.BlackBottomFarmCollectiveLLC.com

Stop by and shop in the bus or order ahead and pick up.

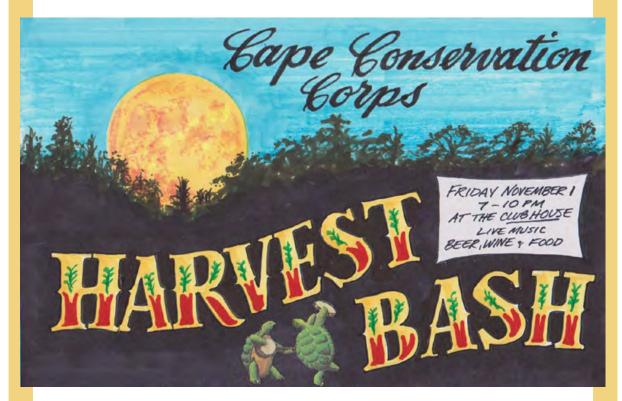


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We will listen to your story, answer your questions and accompany you on your journey.

A Guide to Restoring the Little Things that Run the World

Wednesday, October 30 at 7:00 p.m.



Featuring Doug Tallamy (Author of *Bringing Nature Home*, *The Living Landscape* and the upcoming *Nature's Best Hope*)

Insects have declined 45% since 1974. What are we losing as they disappear? A world without insects is a world without humans. Learn simple changes we can (must!) make in our landscapes and our attitudes to keep insects on the ground, in the air, and yes, on our plants.

Details and signup on our parish website. Childcare available with registration.

Service of Prayer and Remembrance

Sunday, November 3 at 7:00 p.m.



Gather with us in prayer to pray for our loved ones who have gone before us, and to comfort and support each other. We will listen to God's Word in Scripture and pray for each of our loved ones by name. Bring a photo which we will lovingly display in the sanctuary during the service.

If you, a friend or family member are grieving, please know that all are welcome.

"There is no path so dark, nor road so steep, nor hill so slippery that other people have not been there before me and survived." —Maggie Bedrosian

Join us for Mass. Chat with our Welcome Ministers. Email us at **stephany.crane@archbalt.org** or call us at 410-974-4366.

All are welcome at

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9:30am Traditional - Nursery services available 11:00am Contemporary - Children's Sunday School offered

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- Youth Group
- Adult Sunday School
- Tea and Theology
- Mission Opportunities

- Women's and Men's Book Club
- Musical Opportunities including Adult Traditional and Contemporary Music Choirs and Handbell Choir

Annapolis, MD

God's Gardeners Garden Club

Parents of Young Children Group: Bring your little ones and come enjoy the company of other parents seeking spiritual growth.

Where: Christ Our Anchor Presbyterian Church

When: Fridays from 9:00 - 11:00 am on November 1st,

November 22nd, and December 13th.

Fundraiser at Broadneck Grill: Continue to join us at the Broadneck Grill in Cape St. Claire, for a night out in support of Christ Our Anchor's mission and outreach programs. Join us every Second Wednesday of the month for Fun! Food! and Friends! See you there!

For more information, regarding any of our events, activities, services, leadership and schools, feel free to contact the church office at 410-974-1713, or by email at coa21409@gmail.com, AND see our website at www.christouranchorpc.org.



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Cape St. Claire United Methodist Church

855 Chestnut Tree Drive Annapolis, Maryland 21409 Phone: 410-757-4896

Website: capeumc.org

Facebook: facebook.com/cscumc

Email: office@capeumc.org

Pastor: Dale Thomas



Worship Service - 9:00 AM on Sundays in the Sanctuary

Children's Sunday School - 9:00 AM Sundays. Kindergarten through 5th grade. After the Children's message in our worship service, the teachers take the students to their classroom. There they learn the stories of the Bible and participate in fun activities and create crafts that reinforce the lessons.



Worship is our most profound activity. Together we seek God's presence and place ourselves in the position to receive the gift of His Spirit. Come, Worship with us and Share our Ministries and Activities.

> Blessings to all Pastor Dale



Free Family Movie Night
Bring the whole family and join your neighbors each month for a free family movie, drinks, and popcorn.

> Gather at 6:30pm Movie begins at 6:45pm

October 25th: Hotel Transylvania: Summer Vacation

December 6th: The Polar Express

(This special movie night will also include a campfire, s'mores and carols!)



Trunk or Treat October 31st

Join us for a free family-friendly event full of Halloween spirit! Enjoy trunks decorated and full of treats for the kids, music, and hot chocolate.



Winter Relief

Nov. 11th to Nov. 18th

CSCUMC will once again be participating in Winter Relief from Monday 11/11 through Monday 11/18 by hosting homeless guests in our church. We could use help of all kinds from doing laundry loads in your own home to making a meal to serve and eat with our quests.

Helping in this way makes for a good Girl/Boy Scout Troop Service Project or for service hours for BHS National Honor Society students.

Consider getting your book club, or other group, together to host a meal.

Please contact Mia Riser if you would be willing to assist at 410-693-5120 or mlriser serves@aol.com



Cape Backpack Buddies

With the start of the school year in September, Cape Backpack Buddies will again be again providing weekend food supplements to children at local schools. Cape Backpack Buddies is a mission program sponsored by Cape St. Claire United Methodist Church right here in the Cape and supported by Cape UMC and the community-at-large. We are supporting children at 3 local schools this year – Cape Elementary, Broadneck Elementary and Belvedere Elementary schools.

Because of the generosity of people right here in the community, Backpack Buddies has been able to provide needed assistance to local children and their families over the past 5 years and we need your help again this year! What a great way to impact the lives of our children!

For more information and to make donations, please contact the office at Cape St. Claire United Methodist Church at 410-757-4896, by email at office@capeumc.org or on the web at www.capeumc.org.



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HOLIDAY SCHEDULE

www.aacounty.org/departments/public-works/waste-management/curbside-collection/holiday-collection-schedule

| www.addounty.org/departments/public works/waste management/ord/balac collection/monday collection seriedule | | | |
|---|--------------|--------|---|
| 2019 | | | |
| Labor Day | MON, SEP 2 | Closed | Monday collections occur Tuesday Tuesday collections occur Wednesday |
| Columbus Day | MON, OCT 14 | Open | Normal collections will occur |
| Veterans Day | MON,NOV 11 | Closed | Normal collections will occur |
| Thanksgiving Day | THUR, NOV 28 | Closed | Thursday collections occur Friday |
| Thanksgiving Friday | FRI, NOV 29 | Closed | Friday collections occur Saturday |
| Christmas | WED, DEC 25 | Closed | No collection changes |

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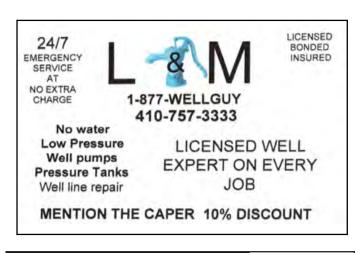
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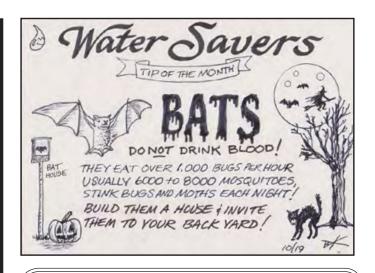
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All submissions for The Caper must be received by the editor on the 12th of the month prior. Text ads should be submitted in Microsoft Word format (PC only), and image ads should be submitted in Jpeg or TIFF format with a resolution of 300 dpi or greater. All articles/ads must be submitted electronically to caper@minutemanpress.com. DO NOT submit as inline text of email. All articles should be clearly labeled with the 1) submitter's name, 2) phone number and 3) article filename (s). Please keep a backup copy of each file. The Caper Staff and the Cape St. Claire Improvement Association reserve the right to refuse any article, letter or advertising that it deems inflammatory, in poor taste or inappropriate.

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www.cscia.org

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