

# The Caper



Cape St. Claire Improvement Association, Inc. Community Newsletter

## APRIL 2024

QUARTERLY MEETING TUESDAY, APRIL 23RD AT 7:30 PM

### President's Perspective



Capers,

It appears that we have begun our Spring thaw and Cape St. Claire has started to come alive. With that extra hour of daylight you've probably noticed that the beaches, parks, athletic fields and aquatic activities have started. This is one of my favorite times out of the year, it is a chance to start fresh. Whether you're looking to start paddle boarding, start a garden, exercise more or volunteer- you have many options to choose from. However, please be cautious while moving from one place to another. We have over 2,000 lots in Cape St. Claire and as you can imagine that brings an enormous amount of people, so please look out for those young ones that might be learning to ride their bike or skateboards for the first time.

By now, most of you, have probably heard about the proposed BMX Track Feasibility Study at Bay Head Park. This has generated a lot of anxiety amongst the Broadneck Peninsula. To hopefully cool the waters on this a bit, it is just a feasibility study at this time. A capital project has to be included in the County Executive's budget in order to come to fruition, there is no construction funding at this time. This would clearly have a major impact on not only our community but jeopardize access to athletic fields, which are in short supply. The traffic alone, to an already congested area, is something that just isn't possible at this time. I'd urge everyone to please stay involved in voicing your concerns for this project or you can contact our Councilwoman, Amanda Fiedler's, office for additional information.

This is the link to the study.  
<https://www.aacounty.org/sites/default/files/2024-02/BMX%20Track%20Feasibility%20Study.pdf>

The Cape St. Claire Improvement Association is also still heavily involved in the beach restoration project and have applied for grants and permits to continue dredging to add more sand. We're also still working with Biohabitats to monitor what has previously been done and this continues to be a work in progress. We were

one of the first communities in the state to undertake a project like this and it's new to all of us, it will be an ongoing process of surveying and making adjustments.

#### Upcoming Important Dates:

- 2024 Maintenance Fee's were due – March 1st
  - A late fee will now be applied.
- Boat Slip contracts were due back on March 15th – Slips need to be occupied by June 1st
- Goshen Farms Open House – April 13th
- Escape Through the Cape 5K & 1 mile fun run is slate for Saturday April 20th
- Quarterly Membership Meeting is scheduled for Tuesday April 23rd
- The Fire Department's Touch-A-Truck – Located at the Clubhouse fields on May 11th
- Cape Garden Club has their Annual Plant sale on Saturday May 18th
- 66th Annual STRAWBERRY FESTIVAL – June 1st Applications available through [cscstrawberryfestival@gmail.com](mailto:cscstrawberryfestival@gmail.com) or [www.cscstrawberryfestival.com](http://www.cscstrawberryfestival.com)

**Teamwork makes the dream work!**

*Jerome Zadera*

Jerome Zadera  
President – CSCIA



#### IN THIS ISSUE:

- Board in Brief
- Town Manager
- Cape Nurse
- Cape Conservation Corps
- Goshen Farm News
- Cape St. Claire Garden Club

# **Board In Brief** *CSCIA Board Of Governors Monthly Meeting*

## MARCH 11, 2024

In attendance: Pres. Jerome Zadera, Govs. Joe Angel, Beau Breeden, Jennifer Connor, Thor Harris, Ed Hayes, Mary Lamb, Matt Layman, Neil Macindoe, Kim Pollock, Michele Shipley, Town Manager Frank Tewey, Budget Comm. members Charlie Moore, Blake Morris and Charlie Shoul and guests Steve Arnold, Becky Benner, Ben and Jennifer Reynolds, Rebecca, Cindy & Harry Sawyer, and Stacy Wildberger.

Pres. Zadera called the meeting to order at 7:30 pm, thanked all for coming and noted that parking stickers will be mailed on Apr 1. He congratulated Stacy Wildberger on being named Watershed Steward of the Year and thanked her for supporting the board and making improvements around the community.

### **VARIANCE REQUEST**

Homeowners presented their request for a variance on the setback of a screened porch. The house is situated on a corner lot, so the setback is 15 feet and the new porch is 13 feet from the road. They have received approval for the variance from the county. They were informed that a decision would be made in closed session, and they would be notified of the answer.

### **GIRL SCOUT SILVER AWARD PRESENTATION**

A Silver Award candidate Girl Scout presented her proposal to create learning libraries at the Serene Ravine and at Little Magothy Beach. The library boxes would have separate sections for reference books, journaling supplies, and books for borrowing. It is designed for all ages and will include a QR code to a website that will offer more information and links to several environmental websites. She is soliciting businesses for materials, requesting funding from Chesapeake Bay Trust, and has a fund commitment from CCC. CCC will take over maintenance of the libraries. The board commended her on the presentation and plan and would discuss it in closed session.

### **MINUTES AND FINANCIAL STATEMENTS**

Minutes of the Feb 12, 2024 BOG meeting were reviewed. A motion to approve the minutes was made and approved unanimously.

The financial statements for Jan 2024 were discussed. A motion was made to approve. Balances of the bank accounts were: Oper. funds- \$187,000, Beach grants- \$199,000, piers- \$226,000 and Special Community Benefits District (SCBD)- \$293,000. Gov. Breeden explained Front Foot Assessment and said the next planned improvements for piers are replacement of the small pier at Deep Creek and the pilings/decking around the boat ramp area, with an expected cost of \$75-100K. The motion passed unanimously.

### **TOWN MANAGER REPORT**

Town Manager Tewey said maintenance payments collected to date are about 82% of expected revenue. Due date was Mar 1.

Security officers are covering 14 of 31 shifts in Mar. Two officers have returned. A 4th officer is being recruited. With the pay increase, 75 hours per month for the remainder of the fiscal year will keep the total within budget. A memorial bench will be installed in Mar and portable restrooms have been ordered. Mr. Tewey is waiting on a proposal for automated gates. Eleven beach attendants are returning, more to be hired. Slip contracts are due March 15, 2024. One variance request was approved at the county administrative hearing. Another is scheduled for Mar 21 and Mr. Tewey will attend. Three standard building applications were processed. Some outstanding issues will be discussed in closed session. County Bill 12-24 regarding SCBD beneficiary standards was withdrawn. State House Bill 752 has been introduced and regards ownership of land in tidal wetland projects.

### **COMMITTEE REPORTS**

**Broadneck Council of Communities (BCC):** Gov. Breeden announced the Mar 28 meeting at 7pm at the clubhouse. County Councilwoman Amanda Fiedler will discuss the county proposal for a BMX bike facility. Gov. Breeden worked with a group to propose a 200ft by 100ft bike/skate park inside the fenced area of Bay Head Park. With BMX being an Olympic sport and Broadneck High School having a nationally recognized team, the proposal from the Department of Public Works is for a US National BMX facility. It is unlikely that will pass. It is hoped that the Office of Planning & Zoning will present regarding the over 70 potential rezoning issues in our region. Senator Gile and Representative Bagnall have been invited to give updates on state concerns.

*Continued on page 4.*

# A Message from The Town Manager



Capers,

Spring has sprung and the neighborhood is a buzz in activity! As you enjoy the warmer weather, please always keep safety in mind by being the safest and most courteous drivers in the county! Please play "I SPY" with our speed limit signs everytime you drive! Too often we become complacent with familiar surroundings and these signs blend into the background becoming virtually unseen. As the spring renews the earth, please take the time to "I SPY" these signs and help make the Cape the safest place it can be!

No April's Fool here! Parking passes were mailed April 1st to everyone who paid 2024 Maintenance Fees and supplied vehicle information. If you hibernated too long this winter and missed paying your Maintenance Fees, you can still do so! (Your nap will cost you an extra \$10 though!) If you don't receive your parking stickers by May 1st please contact the CSCIA Office.

Beach Attendants will be on-duty again this season! Twelve attendants are returning from last year and we have already received many applications for the few open positions, but it's not too late to apply. We are still taking applications for the summer part-time position of Beach Attendant. Candidates must be at least 14 years old and be available to work on ALL the major summer holidays, weekends and of course, the upcoming Strawberry Festival. Primary duties are screening visitors to our parks and beaches to ensure they meet residency requirements and gently enforcing our beaches and parks rules and policies. Shift hours will include day and evening hours on the weekends and afternoons (mainly) during the weekdays. Employment will run from mid-May through the Labor Day weekend. It's a summer job for our community's teens and college students, but all are welcome to apply! Contact me at [townmanager@cscia.com](mailto:townmanager@cscia.com) for an application or any questions.

So that you may enjoy your community's amenities to the fullest, convenience stations (portable restrooms) are now available at our parks and beaches. Slip holders, make sure your vessel is in the water by June 1! Water service at the marinas will be turned on weather permitting.

Are you considering an addition, a deck, a fence or other home improvement project this season? If so, be sure to check with us before you "spring" into action. Under our community covenants, most projects require CSCIA approval before construction. Check the CSCIA website and navigate to The Association • CSCIA Documents • CSCIA Documents • Cape St. Claire Revised Building Codes for more information.

Clubhouse rentals are booking fast! If you wish to rent the Clubhouse for your upcoming event, celebration or gathering, don't delay book today!

The next quarterly membership meeting is scheduled for Tuesday, April 23, 2023 at 7:30 in the Clubhouse. See you there!

Stay happy and healthy!

*Frank Tewey*

Frank Tewey

## 1 acre+, deeded access to water, plenty of parking, 3 car garage

4-5 Bedrooms  
3 Full Baths  
Basement rough in  
Washer/ Dryer  
Circular Driveway  
Prof Landscaping  
Screened Porch  
3 LP fireplaces  
Dramatic Kitchen



MDAA2075026 14390 Harmony Lane

Possible in law apt w/  
Separate bath  
OR  
Large Home Office  
Dramatic 13' Great  
Room  
Custom Built in shelves  
Granite Counters  
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# Board In Brief *CONTINUED*

**Budget:** Gov. Lamb reported the 2nd SCBD check was received from the county. Gov. Shipley said the first meeting is to be scheduled.

**Caper:** Gov. Lamb said online editions are posted on the 1st of the month.

**Clubhouse:** Gov. Lamb reported rentals are steady. The new cleaning company is doing an exceptional job.

**Events:** Gov. Lamb said the Easter Egg Hunt will be Mar 23, tickets are available through Whimsicality and 300 kids are expected. Gov. Pollock is reaching out to the community for volunteers for the kitchen and ticket booth for the Strawberry Festival..

**Piers:** Gov. Breeden reported that slip contracts are due Mar 15. One-third of pier revenue was received by the end of February. After moves, any open slips will be offered to the waitlist, which is over 90 people. Requests for Proposals will be sent out for Deep Creek pier replacement, with work planned for winter of 2024-25. The first pier meeting will be Apr 2 at 7pm at Deep Creek marina.

**Security:** Gov. Breeden thanked Gov. Hayes for his help with locking up the main beach gates.

**Strawberry Festival:** Gov. Lamb announced that the Broadneck High School band will perform in the parade.

## OLD BUSINESS

Pres. Zadera reported that the bylaw changes voted on in January have been recorded at the county depository.

## NEW BUSINESS

Pres. Zadera noted that CSCIA has updated the certificate of insurance and crime bond with the county. Info about the 2024 mosquito program was received. Gov. Layman and Pres. Zadera will represent CSCIA in the Cape Elementary School Escape Thru the Cape 5K.

## COMMENTS

Budget Committee Chair Charlie Moore asked for a date for the first organizational meeting, and it was set for April 4 at 7:30 pm.

Resident Steve Arnold asked if his clearing the beach of rocks could be used as volunteer hours and he was told to speak with Stacy Wildberger. He also pointed out the continuing scouring of sand from the beach by his house.

Becky Benner announced the Apr 2 Garden Club workshop to prepare for upcoming potting parties to separate plants for the May fundraising sale. She said the Goshen Farm Java & Jazz, Tea & Tunes event was a huge success. Their first board meeting will be via Zoom on Mar 20. The spring Open House will be Apr 13 with tours of the farmhouse, apiary, hoop house and gardens, live music, and a bird presentation. The Goshen Farm April board meeting will be Apr 17 via Zoom.

Stacy Wildberger said the Cape Conservation Corps (CCC) submitted a request to add plants at the Little Magothy beach if they receive a Chesapeake Bay Trust grant. Wednesday Weed Warriors will start their full schedule in Apr. The CCC meeting at the clubhouse on Mar 27 will feature Maxine Yoon speaking about the Master Gardener program and pollinator gardens. A Project Clean Stream event will be held on Apr 6. A Weed Warrior kickoff event to recruit volunteers will be held on Apr 12 at Little Magothy beach.

## ADJOURNMENT

A motion was made to adjourn to closed session and approved unanimously. The meeting was adjourned to closed session at 8:21 pm. The closed session occurred from 8:28 pm to 9:02 pm. The Mar 11, 2024 CSCIA Board of Goves meeting was adjourned at 9:02 pm.



# NEWS FROM HISTORIC GOSHEN FARM AND EDUCATIONAL CENTER

## BIG THANK YOU TO OUR SPONSORS

We sincerely thank our sponsors for their generous support of the Java & Jazz, Tea & Tunes Event! Their contribution played a pivotal role in making our event a resounding success.

Covington Alsina  
Delmarva Financial Group  
Cape Ace Hardware  
Anytime Fitness (Whitehall)

Once again, thank you for your invaluable support and belief in our mission.

## SPRING OPEN HOUSE - STOP BY!

Join us for family fun, entertainment, and history at Goshen Farm's Annual Spring Open House!

Mark your calendars for Saturday, April 13th, from 10 am to 2 pm. Explore the wonders of the last Colonial-era farm on the Broadneck Peninsula at 1420 Cape St. Claire Road, Annapolis, 21409. Admission and parking are FREE. Don't miss out!

- **Learn the History:** Embark on a captivating journey through history as you tour the Farm House dating back to 1783.
- **Tour the Farm:** Immerse yourself in the natural beauty of the organic Sharing Garden, explore the innovative Hoop House, and more!
- **Live Music:** Vibe out to talented musicians, including Alison Thoms, Possum & Sook, Biondis, and High Tide!
- **Experience Exhibits:** Enjoy one-of-a-kind exhibits aimed at learning more about our natural habitats and animals in Maryland!
- **Support a Worthy Cause:** While admission and parking are free, we deeply appreciate any donations to Goshen Farm.

Join us for music, fun, and community spirit. We look forward to seeing you there!

## ANNUAL KAYAK RAFFLE IS ON!

Exciting news! Our Annual Kayak Raffle is back! Get your tickets on our website for just \$5 each, and you could win 2 Lifetime Daylight 8 ft kayaks, perfect for a summer full of adventure. The winner will be announced at our June 14th Summer Concert. Don't miss out on your chance to paddle into fun - get your tickets today!

## 2024 GOSHEN EVENT DATES

Be sure to note these dates on your calendar to ensure you don't miss out.

- **Strawberry Festival Booth:**  
Saturday, June 1, from 11 am – 6 pm
- **Summer Friday Concerts:**  
6/14, 6/28, 7/12, 7/26, 8/9, 8/23, 9/6
- **Wine Tasting/Silent Auction:**  
Sunday, August 18, from 4 pm – 7 pm
- **Fall Open House:**  
Saturday, September 21, from 10 am – 2 pm
- **Harvest Pasta Dinner:** Saturday, October 19

## RENEW YOUR MEMBERSHIP TODAY!

- ✓ Your membership is a vital contribution to our ongoing efforts in restoring, preserving, and educating about the rich history of Goshen Farm. Plus, it comes with a range of benefits:
- ✓ Enjoy a Tax-deductible Membership Fee
- ✓ Gain Exclusive Behind-the-Scenes Updates
- ✓ Unlock Discounts on Event Tickets & Merch
- ✓ Access Garden Plot Rentals
- ✓ Explore Volunteer Opportunities and Much More!

For further information and complete details, visit our website today!

## Want to learn more about Goshen Farm?

Check out our website at [www.goshenfarm.org](http://www.goshenfarm.org) or email [communications@goshenfarm.org](mailto:communications@goshenfarm.org) with questions. Also, follow our Facebook page and sign up for our newsletter.





## Functional Fitness, Sustained Wellness, and Prolonged Joy!

Jennifer Barrett, RN, BSN



### Welcome spring!

Capers are outside gardening, cleaning boats, playing, and generally being more active while enjoying the outdoor amenities of our beautiful neighborhood! This month, I sat down with Nick Keith, and A.C.E. certified personal trainer and health coach, who has worked in the health and fitness industry for over 10 years to talk about “functional fitness”. Nick is part of the staff at the new Anytime Fitness, Broadneck Peninsula, that opened mid-March by owner and Cape resident, Rob Miller. My motivation in talking to Nick began with my experience as an acute care nurse. So many of my patients lose their mobility and capacity to complete tasks as they age. Additionally, many younger and seemingly healthy folks (who regularly spend time in the gym) injure themselves lifting or moving every day objects, like their kids, groceries, or items from a Home Depot run, because the movements they do in the gym don’t necessarily transfer to the movements of life. In fact I know a person who is an Iron Man triathlete who threw his back out when digging a large ornamental grass cluster from his front yard!

So what exactly is functional fitness and functional capacity? Nick describes it as “being able to move in ways that allow you to do the things you need to do and the things you love.” And adds “anything you do in the gym, in a safe and intelligent way, will have functional carry over and help carry out daily activities”. Additionally, functional fitness does not involve hours in the gym; studies show just 30-60 minutes of strength and resistance training PER WEEK is enough!. Instead being functionally fit or increasing one’s functional capacity allows one to move in a way that minimizes pain, keeps injuries at bay, and sustains our ability to do the things in life that we enjoy while leaving space to try new activities.

Nick recommends “pairing movements in the gym that are similar to real-life movement” . Love gardening? Practice safe lifting to protect your back when carrying 40 lb bags of mulch around your yard. Or strengthen your arms with gentle pulling and pushing exercises the mimic the movements you do while planting bulbs and digging shrubs. Love boating? Incorporate stretching so you can move freely on the boat while pulling lines, ducking under a boom, or navigating a wake. The point is, no matter what you love doing, incorporate safe movement to protect and preserve your body so that you can continue doing the things you love! Even if you just love being on your couch watching Netflix, incorporate movement into your day such as a 20 to 30 minute walk to get your blood flowing.

All of this sounds great, but what if movements are painful? Great question! As a nurse, we want you to ask for help until your pain is not managed. And absolutely do not

skimp on seeing a doctor if you have unmanaged pain and injury. As a fitness coach (and barring any medical issues), Nick recommends using the pain scale based on numbers zero to 10 as a guide. Zero is no pain, and 10 is the worst pain you can imagine. While the rating is subjective and unique to you and your tolerance, Nick generally recommends that pain be at a 4 or less at all times. “Follow the approach where you notice pain and where it is, especially as we age” says Nick. While discomfort during strenuous exercise either at home or at the gym may be inevitable the pain should not be getting worse or greater than a 4 on the pain scale. Nick recommends “doing exercises that make the pain go down, or at least do not make the conditions feel worse” he stresses. The goal of any exercise program, says Nick, is to be able to tolerate the exercises within the program. “With continued practice, your functional movement and confidence will improve, and you will feel better”.

At the end of the day functional fitness allows us to safely be able to do what we care about and need to do. Find a health and wellness program that is going to keep you motivated and don’t be afraid to try new things. Finding a program is easy. A quick internet search for “15 minute body weight exercises” or “exercises for gardeners” yields dozens of options. And don’t forget to grab a friend or neighbor. Anytime Fitness wants to be a place for Capers to enhance health and wellness—it is a beautiful brand new facility (and no one pays me to say any of this!!).

Nick emphasizes, even as we age, we can “gradually increase capacity so we can do the things we care about and need to do”. In other words, functional fitness allows us to move our body at a safe capacity for daily life and chores, and allows us to say yes when invited to try new things like joining a friends pickle ball league, volunteering with Cape Conservation Corps and planting trees, or playing with your grand kids or neighbor’s kids at the sledding hill or the Main Beach as often as you’re invited! Functional fitness gives us the ability to say “yes” to life’s invitations even if it means we have to take things a little slower and definitely smarter than we did in youth.

**Stay strong and well, Capers!**

In Health,

*Jen*

Jen, RN, BSN  
Cape Nurse

References provided upon request. Questions, comments, or concerns e-mail me at: [capestclairnurse@gmail.com](mailto:capestclairnurse@gmail.com)

Happy April, Capers! As we write this article in mid-March, the daffodils and hellebores are in full bloom. Viburnums are beginning to bloom and even the lilacs are pushing buds. Spring is here!

At our last meeting, Members & Guests enjoyed a potluck dinner celebrating the 49<sup>th</sup> Anniversary of our Club's founding. We enjoyed a Taste of Afghanistan made by a new Cape neighbor, and a raffle of beautiful plants. A warm welcome to our newest Member, Vicki M! At the meeting, we also organized our **Beautification** teams that maintain 4 community gardens right here in Cape: the Cape St. Claire Rd & Green Holly Islands, the Clubhouse front beds, and the Segree Memorial Park behind the Broadneck Library. Each spring, summer, and fall, our Members contribute hundreds of (wo)man-hours to keeping these community spaces tidy and beautiful for our fellow Capers. To join our volunteer teams, please email [capegardenclub@gmail.com](mailto:capegardenclub@gmail.com) – we'd love to have you!



Now that it's April, our **Yard of the Month** teams will begin their judging, so get out there and spruce up your gardens! *All Cape residences are automatically entered each and every month April – September*, and our judging teams choose five winning gardens each month. If you're curious, you can see photos of prior years' winners' gardens at [capegardenclub.wordpress.com](http://capegardenclub.wordpress.com). And month-by-month gardening tips are listed under the LEARN tab.

In April, our Club will also host half a dozen potting parties at various gardens in the Cape. If you'd like to learn how to dig, divide, and replant perennials, and enjoy the company of friendly folk, please join the fun by emailing us at [capegardenclub@gmail.com](mailto:capegardenclub@gmail.com) for details – all are welcome! All this potting activity will culminate in our annual **PLANT SALE – hybrid again in 2024! Online pre-orders will open ~April 5<sup>th</sup>** for large items like hanging baskets, trees, & shrubs, including the aforementioned Viburnum, lilac, and other fragrant bloomers pictured below. Everything else will be first-come-first-served at the field on **Saturday May 18<sup>th</sup>, 8am-2pm**: colorful annuals, tomatoes, veggies, & herbs, sturdy Cape-dug perennials, tropical plants, and exciting new perennial offerings. Details of the Sale are at [capegardenclub.wordpress.com](http://capegardenclub.wordpress.com) – you don't want to miss it!

On **Wednesday, May 1**, we'll have our first ever international speaker, from the famed, romantic English garden Sissinghurst, created by Vita Sackville-West, whose story was featured in the 2018 film *Vita & Virginia*. Head gardener Troy Scott-Smith, who will share photos and techniques from this treasure of a garden, will be speaking at St. Anne's Parish Hall in downtown Annapolis, co-hosted by the Annapolis Horticulture Society. Our Club will then meet again on **Tuesday, May 7**, for our popular Members' Preview Auction meeting. Please join us at these upcoming meetings – new folks always welcome!

You're invited to follow our blog and FB page for more photos, details, & updates: [capegardenclub.wordpress.com](http://capegardenclub.wordpress.com) & [facebook.com/capegardenclub](https://facebook.com/capegardenclub) -- Submitted by Audrey Lengbeyer

Please visit the Garden Club's informative blog full of gardening tips: [capegardenclub.wordpress.com](http://capegardenclub.wordpress.com)  
Garden inspiration, pruning tips for spring cleanup, & upcoming events including our annual Plant Sale

### UPCOMING MEETINGS

**Wednesday May 1: A Year at Sissinghurst** by head gardener Troy Scott Smith, at St. Anne's Parish Hall

**Tuesday May 7:** Members' Preview Auction / Plant Sale Planning meeting

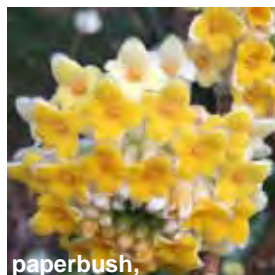
**Saturday May 18<sup>th</sup> at 8am-2pm: Annual Plant Sale** – mark your calendars!!



Fragrant bloomers:



tea olive, mock orange,



paperbush,



gardenia,



& summersweet





*Cape St. Claire Garden Club*



# Plant Sale



**Sat May 18**

- Tried and true Cape-grown perennials
- Herbs, tomatoes, veggie starts
- Colorful annuals
- Native and pollinator-friendly plants
- A variety of stunning camellias
- 3 varieties of milkweed

Pre-ordering opens to the public in April on hanging baskets, native trees & shrubs, hollies, camellias, encore azaleas, hydrangeas, lilacs, peonies, gardenias, viburnums, clematis, figs, blueberries, and more!  
 Follow us online for details: [capegardenclub.wordpress.com](http://capegardenclub.wordpress.com) & [facebook.com/capegardenclub](https://facebook.com/capegardenclub)

## CAPE ST. CLAIRE ELEMENTARY PTO PRESENTS



# ESCAPE

THROUGH THE

# CAPE

## 5K & 1MILE FUN RUN

## SATURDAY APRIL 20 2024

**DONATE!**

**VOLUNTEER!**

**REGISTER!**

**SPONSOR!**

EMAIL [CSC5k@CSCPTO.ORG](mailto:CSC5k@CSCPTO.ORG)  
 TO VOLUNTEER ON RACE DAY



**REGISTRATION IS NOW OPEN**

THANK YOU FOR SUPPORTING CAPE ST. CLAIRE ELEMENTARY

VISIT [CSCPTO.ORG/ESCAPECAPE](http://CSCPTO.ORG/ESCAPECAPE)





### Upcoming Events 2024

- April 6<sup>th</sup> 9am to noon Project Clean Stream. Meet at the parking lot across from Graul's.
- Weed Warriors meets every Wednesday to remove invasive plants. Email me to get on the list for locations and times.
- April 12<sup>th</sup> 5:30-7:30 pm Weed Warriors Open House Little Magothy beach Park (note time and location change) Pizza and snacks provided. Come see what CCC has been up to and how you can get involved.

Email [president@capeconservationcorps.org](mailto:president@capeconservationcorps.org)

## 2023 Habitat Hero Award Winners

I have been remiss on posting about our wonderful 2023 Habitat Award Winners, we had two winners. For 2023. Carol Collison and George Maurer.

Our first winner of 2023 was Carol Collison. Carol has been a long time resident CSC and a highly active member of the CSC Garden Club. Imparting her knowledge to novice and experienced alike. She is often the recipient of their Yard of the Month award for her beautiful displays of color. Her front yard pops with traditional spring flowers. She won CCC's coveted Habitat Hero for the native plants she has added to her landscape over the years and the wildlife friendly practices she maintains to help the birds, bees, butterflies, and other pollinators. Some of her favorite natives include blood root, serviceberry tree, coneflowers, Virginia bluebells, woodland phlox, snakeroot, and columbine. She has generously shared some of her beautiful natives with CCC and friends. She has participated in our native swamp but digging out an invasive shrub and received a free native shrub from CCC. Some of her other best practices include leaving the leaves on site for overwintering insects and foraging birds. Carol does not use pesticides. She composts her yard waste and kitchen waste and uses that to enrich her soil. Carol does not shy away from the wildlife that inhabits her yard, even embracing the black snakes and respecting their role in the environment natural rodent control!

Our second winner, George Maurer made his career in the environmental world, a retired environmental planner in senior positions with CBF, ESLC, and several county governments. Later he had his own consulting business preparing water quality protection plans on farms. As a lifelong birder, who also studied ornithology in college (his M.S. thesis on songbirds) he has recorded an amazing number of species (73) in his Cape St Claire backyard but sadly he has noticed a significant drop in the numbers of species as we have seen in the official research on this topic. By converting his backyard to a safe haven for wildlife he has been able to help local birds find the resources they need. Not just with bird feeders, he has but by creating a healthy ecosystem by adding native trees, shrubs, and wildflowers. An abundance of birds, bees, and butterflies visit his habitat. He gave up trying to fight for growing grass in the shaded backyard and let it be what it wanted to be a shaded woodland space. He uses sticks and brush on his property as habitat, leaves the leaves. And shuns pesticides.

His thesis research taught him valuable identification of birds using not only sight but sound listening to the birdsong he has been able to add to his extensive bird list. In addition to many of the common birds we have seen in our yards, George has identified many warblers during migration, eastern wood

Peewees, ruby crowned kinglets, cedar waxwings, many species of woodpeckers and even a screech owl visited his nesting box.

Peewees, ruby crowned kinglets, cedar waxwings, many species of woodpeckers and even a screech owl visited his nesting box.

Thank you to Carol and George for caring about our native floral and fauna and creating healthy ecosystems for nature to thrive and survive. They both are truly Habitat Heroes. We look forward to visiting their yards to learn from them. Stay tuned for an upcoming Habitat Hero Tour Date announcement. Likely in May date TBD.

### Membership and Sponsorships

There are many ways to support our mission, through volunteering, memberships, donations, and sponsorships. Please visit the website to find out more.

[Cape Conservation Corps – Cape Conservation Corps](#)





# 2024 CAPE ST. CLAIRE STRAWBERRY FESTIVAL



SATURDAY, June 1<sup>st</sup>

RAIN DATE June 2<sup>nd</sup>

PARADE BEGINS AT 10:00 AM

Festival begins with the parade and ends at 6:00 PM

The Strawberry Festival Committee is happy to announce the 2024 Strawberry festival. On the first Saturday in June, there will be Strawberries on the Shortcake and Music on Stage!! As we all know, summer in the Cape begins with THE STRAWBERRY FESTIVAL! This age old event seems to become more and more popular each year. The Parade- featuring our own BROADNECK High School Marching Band, Music, Pony Rides, Food, Games, Crafters, Contest, Pedal Cars, a Silent Auction, traditional Moon Bounces, Face Painting, a Coloring Contest, Dunk Booth, Soak-a –Scout, Sand Art, Martial Arts Demo, Dance Demo, K-9 Demo, Pizza, Pit Beef, Hamburgers, Hot Dogs, Barbecue, Snow Balls, Strawberry Shortcakes, Strawberry Sundaes, Strawberry Baked Goods Contest, Strawberry Jam/Jelly Contest, THE BEER GARDEN, Decorated Bikes, Berriest Baby, and the Princess Contest are just a few of the things you will enjoy. The festival begins with the parade which takes off from the Cape St. Claire Fire Department at 10 AM on Saturday, June 1<sup>st</sup>. Follow the parade to the festival on the main beach for a day full of fun with your family, friends and neighbors. As we all know parking is limited. Chesapeake Charters has once again donated buses for community transportation. Buses will run continuously all day, stopping at the 18+ designated Berry Bus Stops.

Plan ahead!! Visit our website for contest entry forms and to find the Berry Bus Stop closest to you. <https://cscstrawberryfestival.com>. More information may also be found on our face book page - *Cape St. Claire Strawberry Festival*

*Stay Safe as we look forward to seeing everyone at the Strawberry Festival!!*



# 2024 SUMMER DANCE CAMPS!

<b>JUNE 17-21</b> <b>Princess Ballet</b> (2.5-4 yrs) 9 - 11:30 am 	<b>JUNE 17-21</b> <b>Descendants Hip Hop</b> (5-10 yrs) 9 am - 1:00 pm 	<b>JUNE 24-28</b> <b>Frozen Ballet</b> (3-6 yrs) 9 - 11:30 am 	<b>JUNE 24-28</b> <b>BARBIE AT THE BEACH</b> (5-10 yrs) 9 am - 1:00 pm 
<b>JUNE 24-28</b> <b>Moana Dance</b> (3-6 yrs) 9 - 11:30 am 	<b>JUNE 24-28</b> <b>Sparkle and Shine Dance</b> (5-10 yrs) 9 am - 1:00 pm 	<b>JULY 1-5</b> <b>Wish Dance</b> (5-9 yrs) No Camp on July 4 9 am - 1:00 pm 	<b>JULY 1-5</b> <b>LOL Doll Dance</b> (5-9 yrs) No Camp on July 4 9 am - 1:00 pm 
<b>JULY 1-5</b> <b>Little Mermaid Ballet</b> (3-6 yrs) No Camp on July 4 9 - 11:30 am 	<b>JULY 8-12</b> <b>Broadway Stars</b> (7-10 yrs) 9 am - 1:00 pm 	<b>JULY 8-12</b> <b>Encampo Dance</b> (3-6 yrs) 9 - 11:30 am 	<b>JULY 8-12</b> <b>Princess Peach Hip Hop</b> (3-6 yrs) 9 - 11:30 am 
<b>JULY 8-12</b> <b>Trolls Acro</b> (5-9 yrs) 9 am - 1:00 pm 	<b>JULY 29-AUG 2</b> <b>Bluey Dance</b> (3-6 yrs) 9 - 11:30 am 	<b>JULY 29-AUG 2</b> <b>Encampo Dance</b> (3-6 yrs) 9 - 11:30 am 	<b>JULY 29-AUG 2</b> <b>In My Swifty Era Dance</b> (5-10 yrs) 9 am - 1:00 pm
<b>AUG 5-9</b> <b>Descendants Hip Hop</b> (5-10 yrs) 9 am - 1:00 pm 	<b>AUG 5-9</b> <b>Incredibles Acro</b> (5-10 yrs) 9 am - 1:00 pm 	<b>AUG 5-9</b> <b>Frozen Ballet</b> (3-6 yrs) 9 - 11:30 am 	<b>FREE SUMMER DANCE CAMP T-SHIRT WITH REGISTRATION.</b>

Each camp is filled with an introduction to dance, arts and crafts, movement games, and choreography. All participants will perform in an end of week showcase for family and friends! Before and after care available.

2.5-6 years: new student \$265 | current DDA student \$225  
 5-10 years: new student \$295 | current DDA student \$255  
 July 1-5: new students \$240 | current DDA student \$200



Use the QR Code to register today.  
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 For more information, call 240-476-6145





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**JULY 22 - 26**

**9:00am - 2:00pm**

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# Cape St. Claire

Choosing the right agent is critical to your success and in Cape St. Claire it is not different.

You owe it to yourself to have every advantage in getting your home sold. It's important to work with an agent with the local market knowledge and experience to position your home effectively. There is no agent who knows the Cape St. Claire market better and my respect for our community runs deep. I've been a Cape St. Claire resident for over 30 years. My sons attended the Broadneck schools, played ball on the ball fields, and sailed with the youth sailing camp. Perhaps you've seen me each year at the Strawberry Festival, and now, I'm a proud sponsor of the Cape Conservation Corps. I imagine you chose the Cape for many of the same reasons I did – for its beautiful beaches, water privileges, top notch schools, and its convenient shopping and commuting. When it comes to selling your Cape St. Claire home, you deserve an agent who knows the market and can get it sold for the best value in the timeframe you need.

Selling or have a real estate question?  
Let's Talk -- 443-223-1570



**YOUR AGENT** You owe it to yourself to get your house sold for the best value within your timeframe. A highly skilled agent is what makes it a reality.

**YOUR ADVOCATE** An agent whose top priority is looking out for your best interests is essential. Allow me to help you make the most strategic decisions.

**YOUR FRIEND** Because your agent must be someone who you are comfortable confiding in, someone who truly understands your unique situation, and someone who cares that your needs are met.

"Cathy really helped us feel at ease throughout the entire process. She was able to get our home sold quickly and also helped us navigate the purchase of the most amazing condo that meets all our needs. She reminded us that a great real estate agent is worth every cent in commission. I've already recommended Cathy to several friends and will continue to do so. She's a true professional and really understands this area, the neighborhoods and community."

- Jeanne & Peter Nardi, Arnold MD



Cathy Gazzo  
Cell: 443-223-1570  
Office: 888-860-7369  
[cathy@cathygazzo.com](mailto:cathy@cathygazzo.com)  
[www.CathyGazzo.com](http://www.CathyGazzo.com)





# Cape St. Claire Sales

## Market Snapshot 3/15/2024

Status	Address	Beds/ Baths	List Price	List Date	Days on Market
Contract	1030 Skyview Dr	4/3	\$550,000	2/29/2024	1
Contract	953 Woodland Cir	3/3/1	\$435,000	8/11/2023	64
Pending	1213 Hampton RD	3/2/2	\$625,000	3/8/2024	3
Pending	823 Chestnut Tree Dr	4/3/1	\$725,000	3/1/2024	2
Pending	1152 Latrobe Dr	2/1	\$399,000	1/5/2024	42
Pending	712 Fairway Dr	4/2/1	\$749,900	1/24/2024	19

Scan to see up to date  
Cape St. Claire Listings



SOLD	Address	Beds/ Baths	Sold Price	Days on Market	Seller Subsidy	Close Date
	1277 Swan Dr	4/3/1	\$585,000	4	0	3/08/2024
	986 Round Top Dr	3/2/1	\$419,900	39	0	3/07/2024
	1100 Magothy Cir	3/1	\$999,999	6	0	3/07/2024
	1095 Crestview Dr	4/2	\$519,900	44	0	2/23/2024
	795 Windgate Dr	4/2/1	\$495,000	51	0	2/22/2024

\* All information, taken from the Multiple List Service, is believed to be accurate but should not be relied upon without verification. This list consists of listings from various brokers, and is not intended to make the representation that all the listings belong to eXp Realty.

### Two big reasons why this spring is looking so good for home sellers...

Thanks to an uptick in inventory over last year, you've got more options as you search for your next home. But there are still fewer homes for sale than there would normally be. That means your house should stand out and get a lot of attention from buyers.

~ Sources: Realtor.com, Calculated Risk

If you want to sell your house, this spring is the sweet spot.  
When you're ready, let's chat to get the ball rolling.



Cathy Gazzo  
Cell: 443-223-1570  
Office: 888-860-7369  
[cathy@cathygazzo.com](mailto:cathy@cathygazzo.com)  
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# Spring Word Search



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B H W E W F A N L A B C Q L Y E F I I B  
J E K A Y I S S S P R I N G O N B Q C U  
R C E I E U T E F E W C W T P S X A O K  
L W E S T J E E S U N S H I N E S R L B  
T B R M T E R D Y Q T U L I P G Y O B U  
E G G S J Z S S H X N N P G W O O I M T  
U Q Z E E G A R D E N X C I N S J R F T  
S M P E B J K M Z X X V P L K L V U Q E  
P I C N I C Z Q M M C S E A S O N R D R  
F N E S T U M A H U M A F L O W E R S F  
D W A R M R A I N B O W Q U W Z I D T L  
O A C Z S L Y O S K A I K W B U N N Y Y  
G W F E J G R E E N Q V V F D M R J Q E  
G Q Y H F M O A P R I L D W E X G I R Z

NEST  
MAY  
BEES  
MARCH  
CHICK  
FLOWERS

SEASON  
SUNSHINE  
GREEN  
PICNIC  
WARM  
TULIP

BUNNY  
BLOSSOM  
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**ALL ARE WELCOME AT CHRIST OUR ANCHOR!** In-Person and Virtual Worship Services every Sundays at 10 a.m. (Masks are optional) Nursery services are available staffed by fully trained and vaccinated volunteers. Sunday FUN-DAY School is meeting in-person after the Children's Message during the worship service and our popular Fellowship/Coffee/Social hour continues after morning Worship hosted by our friendly Deacons and other members of the Church. Our Worship Services are also available for your viewing and enjoyment at any time On-Demand on our Website at [www.ChristOurAnchorPC.org](http://www.ChristOurAnchorPC.org). **ALL ARE WELCOME!**



**Community Office Hours**



Come visit Pastor Jessie  
at  
**Blue Rooster**

**Mondays, 1-3pm**

beginning February 5

**CHRIST OUR ANCHOR**  
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Annapolis, MD

Follow us on Facebook to watch Live Streaming Worship, Sundays at 10:00 a.m. A full list of all our virtual connection and worship opportunities can be found on the church's website at: <http://www.ChristOurAnchorPC.org> as well as on our Facebook page at: <https://www.facebook.com/ChristOurAnchorPC>.

**ALL ARE WELCOME!**

Pastor Jessie Lowry  
1281 Green Holly Dr.  
Annapolis, MD 21409  
Phone: 410-974-1713  
Website: [www.christouranchorpc.org](http://www.christouranchorpc.org)  
Email: [coa\\_office@christouranchorpc.org](mailto:coa_office@christouranchorpc.org)



Megan Ostwind, Director  
Office: 410.757.6556  
Fax: 410.349.2240  
[aawpreschool@christouranchorpc.org](mailto:aawpreschool@christouranchorpc.org)  
[www.aawpreschool.com](http://www.aawpreschool.com)

Find us on 



Dear Cape Community Swap friends,

We would love your help this year Sunday, April 14th to help with the 10th Cape Community Swap. (Rain Date Sunday, April 21st) **Can you believe it's our 10th Swap!?!** Through the years we have raised \$3000 for the Chesapeake Bay Foundation and helped keep countless household items out of the landfill, all while getting to know our neighbors -- we should all feel very proud of our contributions to this very fun community event!

Please signup here and share this email with any friends or neighbors you think might join the fun -- many hands make light work! We especially need help at cleanup time to make this event a success so please invite a friend to volunteer too, and we'll see you there!

Thanks, everyone!  
Audrey, Tula, Terri, & Melissa

<https://www.facebook.com/events/1038914250702699/>

<https://www.signupgenius.com/go/4090548A5A92BA1F49-47230062-cape>



*Cape*  
**COMMUNITY SWAP**  
**Sunday, Apr 14 10am-2pm**  
Cape Clubhouse field at Cape St. Claire Rd. & Broadview Dr.  
(Rain date Sunday Apr 21)

**Invite Your Friends!**

- × Toys, games, puzzles, books, DVDs
- × Household goods & tools
- × Clothing & Shoes: Women, Men, Children, Babies
- × Small appliances & electronics in working condition
- × DROP your goods anytime before 11am, no junk please

*You are not required to bring goods to participate. All leftovers will be donated to charity.*  
*Questions? Want to volunteer? zerowastecapers@gmail.com*  
**\$2 entrance per family will be collected for the Chesapeake Bay Foundation.**



## Cape St. Claire United Methodist Church

855 Chestnut Tree Drive  
Annapolis, Maryland 21409  
**Phone:** 410-757-4896  
**Website:** capeumc.org  
**Facebook:** facebook.com/cscumc  
**Email:** office@capeumc.org  
**Pastor:** Dale Thomas



**Worship Service:** 9:00 AM on Sundays in the Sanctuary and on Zoom  
If you would like to receive a Zoom invite for the service, please Email: office@capeumc.org

**Sunday School:** 9:00 AM on Sundays - Children's Formation and Middle/High School. After the Blessing of the Children in our worship service, the children will go with their teachers to their Sunday School classes.

**Office Hours:** Tuesday, Wednesday, and Thursday 9:00am to 12pm. If you need immediate assistance, please contact Pastor Dale (240) 682-6395 or dale@capeumc.org.



Worship is our most profound activity. Together we seek God's presence and place ourselves in the position to receive the gift of His Spirit. Come worship with us and be a part of our church family.

May the grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you.

**Blessings to All!**

*Pastor Dale*



## My Brother's Pantry

My Brother's Pantry has been serving Broadneck families since 1986 and as now made the transition to a healthy family choice pantry. Families coming to the Pantry now come in to select what the need right from our shelves!

We gladly accept both monetary and food donations – please check out our website to find out how to donate, [www.mybrotherspantry.org](http://www.mybrotherspantry.org) or call the Pantry at 410-757-5190.

### Cape Methodist Church is distributing food for Backpack Buddies. This ministry provides weekend food to children in need at elementary schools on the Broadneck Peninsula.



We welcome food or monetary donations to support this important ministry to our community. Please consider helping us! The food items we need are single serve cereal and instant oatmeal, single serve applesauce and fruit, granola bars, peanut butter crackers, single serve pudding, family sized mac & cheese, canned chicken or tuna and snack items.

Donations can be dropped off at the church office at 855 Chestnut Tree Dr. between 9 AM and Noon Tuesday, Wednesday or Thursday. We appreciate your support for children in Broadneck communities!







# UNITY BY THE BAY CHURCH

4 Pointless Forest Trail  
Annapolis, MD 21409  
410-544-7990

Sunday Morning Service - 10:30 am  
Wednesday Meditation - 12:00 pm

In person or livestream at  
[Unitybythebay.org](http://Unitybythebay.org)

## Upcoming Events and Workshops

- Friday, April 5 ~ Friday Fun Game Night 6:00-9:00 pm - Charades
- Saturday, April 6 ~ Nellie Lauth Workshop - Human and Being 9:00 am-12:00 pm
- Monday, April 8 ~ Reiki Share 6:15-8:00 pm
- Tuesday, April 9 ~ Unity Drum Circle - Drumming and Dancing the Chakras 7:00-9:00 pm
- Thursday, April 11 ~ Shamanic Healing Workshop with Dr. Gwen MacGregor 6:30-8:30 pm
- Monday, April 15 ~ Crystal Bowl Healing Sound Bath with Kimberley Lutz Madden 6:15-8:30 pm
- Wednesday, April 17 ~ Seder Workshop with Rabbi Philip Pohl 7:00-8:30 pm
- Thursday, April 18 ~ Aerobics with Tena 6:00-7:00 pm
- Saturday, April 20 ~ Community Shred It Event 10:00 am-12:00 pm
- Monday, April 22 ~ Unity Drum Circle 6:30-8:30 pm
- Saturday, May 4 ~ Spring Craft and Holistic Fair 10:00 am-3:00 pm
- Monday, May 6 ~ Mirror Work Meditation with Donna Conley 6:30-8:30 pm
- Friday, May 10 ~ Friday Fun Game Night 6:00-9:00 pm
- Monday, May 13 ~ Reiki Share 6:15-8:00 pm
- Thursday, May 16 ~ Ascension Workshop with Dr. Gwen MacGregor 6:30-8:30 pm
- Monday, May 20 ~ Crystal Bowl Healing Sound Bath with Kimberley Lutz Madden 6:15-8:30 pm

Find more information at [Unitybythebay.org](http://Unitybythebay.org)



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*Cape St. Claire Strawberry Festival*

**Saturday June 1st, 2024**

**10 am - 6pm**

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cscstrawberryfestival@gmail.com**

**VISIT OUR WEBSITE: www.cscstrawberryfestival.com**







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All submissions for The Caper must be received by the editor on the 12th of the month prior. Text ads should be submitted in Microsoft Word format (PC only), and image ads should be submitted in Jpeg or TIFF format with a resolution of 300 dpi or greater. All articles/ads must be submitted electronically to capermanager@cscia.org. DO NOT submit as inline text of email. All articles should be clearly labeled with the 1) submitter's name, 2) phone number and 3) article filename (s). Please keep a backup copy of each file. The Caper Staff and the Cape St. Claire Improvement Association reserve the right to refuse any article, letter or advertising that it deems inflammatory, in poor taste or inappropriate.

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