



Cape St. Claire Improvement Association, Inc. Community Newsletter

# OCTOBER 2024

QUARTERLY MEETING TUESDAY, OCTOBER 22ND AT 7:30 PM

## President's Perspective



Capers,

As we embrace the beauty of fall, marked by colorful leaves and crisp air, our community also prepares for new opportunities. The transition into the school year brings a renewed energy and a chance to reflect on our goals and aspirations.

We've managed to plan for some exciting projects, one of which is our continual work on the beach replenishment project. We've hired Biohabitats, as well as partnered with the Little Magothy River Association, to provide site analysis, design, permitting, and construction observations for our beneficial reuse of 7,000 cubic yards of dredge material. We're also able to utilize our grant funding which continues to help support the 1,625 linear feet of shoreline restoration and enhancement and 900 linear feet of stream restoration.

The proposed improvements are anticipated to consist of a marsh area at the mouth of Lake Claire, which is considered site #2. Beach nourishment, site #1, will be along Main Beach using locally deposited dredge material from the Little Magothy River. Prior improvements at Sites 1 and 2 include stone breakwaters, groins, oyster balls and other estuarine habitat enhancement features, and native site plantings to improve fish and other aquatic and avian species habitat.

In addition to the proposed features at Sites 1 and 2, Biohabitats recognizes that the County's repair of the storm drain near 1226 River Bay Road leaves a significant gap between the culvert outfall at the new bulkhead and receiving Magothy River. Biohabitats have attempted to have the County extend this to the waterward limit of the adjacent new groin, but this did not occur. In order to provide an outfall condition more functionally and aesthetically compatible with the proposed Site 1 design, Biohabitats proposal includes engineering and design to extend the storm drain to the waterward extent of the groin as well as modifying the groin to bury the storm drain extension so it will be resilient to Nor'easter storms.

Although this effort should be funded by the County, it is unclear if and when this work may occur.

Biohabitats anticipates that permitting agencies, including the United States Army Corps of Engineers (USACE) and Maryland Department of the Environment (MDE), will require post construction monitoring as a permit condition to authorize proposed work. Since specific monitoring requirements and duration are unclear, Biohabitats will provide a separate scope to perform post-construction monitoring as requested by CSCIA.

As we transition from summer to fall, let's carry the spirit of community and connection into the coming months. Together, we can ensure that our shared experiences—from the fun of summer to the excitement of new beginnings—shape a bright future for all.

Here's to a season of change, growth, and continued community spirit!

**Teamwork makes the dream work!**

*Jerome Zadera*  
Jerome Zadera

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- Cape Nurse
- Cape Conservation Corps
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# **Board In Brief** *CSCIA Board Of Governors Monthly Meeting*

## **SEPTEMBER 9, 2024**

In attendance in person: Pres. Zadera, Govs. Beau Breeden, Cheri Fairchild, Thor Harris, Ed Hayes, Mary Lamb, Matt Layman, Neil Macindoe, Kim Pollock, Town Manager Frank Tewey, Budget Comm. members Charlie Moore, Blake Morris and Charlie Shoul and guests Becky Benner, Paul and Alexa Bryan, and Stacy Wildberger.

Pres. Zadera called the meeting to order at 7:33 pm and noted that school is back in session after a great summer. He remembered the 9-11 tragedy and spoke about how people came together as a community and a country. He asked that everyone promote kindness and have Cape St Claire set an example of community cooperation.

### **VARIANCE HEARING**

Town Manager Tewey introduced a variance request for an open-sided carport to be built attached to the house extending into the side setback and past the front of the house even with the porch. They have not yet applied to the county. The house takes up most of the 60-foot-wide lot. The neighbor provided a letter stating no objection. Mr. Tewey will contact the owners with the closed session decision.

### **MINUTES AND FINANCIAL STATEMENTS**

Minutes of the Aug. 12, 2024, BOG meeting were reviewed and approved unanimously.

The financial statements for July 2024 were discussed. A motion was made to approve. Balances of the bank accounts were: Operating funds- \$172,000 Beach restoration grants- \$192,000, piers- \$301,000, and Special Community Benefits District (SCBD)- \$241,000. The motion passed unanimously.

### **TOWN MANAGER REPORT**

Mr. Tewey reported on the following: Work on the new crosswalk has not started. The budget committee will meet Sep. 19 to finalize a balanced budget to present to the board in Oct. The audit report for FY24 is expected before the Sep. 28 deadline.

Police officers are covering 16 of 30 dates in Sep. Crime reports are being supplied monthly from county police.

The board approved installation of a chain link fence along the clubhouse field. A letter will be sent to the owners of adjacent homes. The last boat slip census was completed Sep. 9. Gov. Macindoe will follow up with Youth Sailing regarding changes to kayak rack rentals.

Five building requests were received. The county administrative board approved a variance to allow a deck with less setback and buffer than required. The county bill to outlaw gas-powered leaf blowers is to be withdrawn by the sponsor. A hearing is scheduled for overnight RV usage on highways on Oct. 7.

Beach attendants worked 11am-7pm from Memorial Day - Labor Day with only two missed shifts. Tallies kept during each shift reported 21,401 people coming to the beaches, 745 trailers to the boat ramp and 355 non-residents denied access. There was one incident of note with confusion about a B&B renter. Gov. Macindoe added that many cars paused by the gates, saw an attendant, and left.

The county will be relining sewer pipes along River Bay Rd and Hampton Dr and requested permission to park equipment at the end of the field for about 4 months. They will pay rent and restore any damage. Sponsors of any events that may be impacted will be notified.

### **COMMITTEE REPORTS**

Broadneck Council of Communities (BCC): Gov. Breeden reported the next BCC meeting on Sep. 26. County Councilwoman Feidler will give an update on the General Development Plan. The State Highway Admin. will share findings of the Route 50 traffic study. Candidates for circuit court judge and board of education will introduce themselves. Dept of Natural Resources paperwork is in process for acquiring Holly Beach Farm. The BCC has requested to be part of the advisory board. Many would like the farm to become an educational park.

**Caper:** Gov. Lamb said the Sep. issue came out early. Please submit articles asap.

**Clubhouse:** Gov. Lamb reported rentals remain steady.

**Events:** Gov. Lamb announced the next event is Halloween Happenings and another movie night is possible.

**Legislative:** Gov. Breeden noted that the Chesapeake National Recreation Area bill was read in both the House and Senate, but with no movement since, if it does not make it through in Jan., this bill will be dead, and a new one will be needed to try again.

**Piers:** Gov. Breeden announced a piers budget was approved including 5% increases for slips without 30-amp service and 10% for those with 30-amp service. Estimates are coming in for replacement of the small pier at Deep Creek, the decking around the boat ramp, and a section of the bulkhead. The latest is \$248K. Meetings are being held with contractors. Pier maintenance is financed through slip rentals.

*Continued on page 4*

# A Message from The Town Manager



Capers,

Fall is here! Get out and enjoy a walk and be sure to visit Serene Ravine and Little Magothy Beach Park to see all the fabulous beautification efforts completed by the Cape Conservation Corps. They've done amazing work there. Next time you're near the clubhouse, please notice all the work the Garden Club has done to keep us green and beautiful. Thanks to both organizations for all their hard work!

Leaves, leaves and more leaves! Yes it's that time of the year! Some will simply "leave" them alone on the ground. That's fine because it creates a micro habitat for insects, reptiles and small mammals. Be sure to remove leaves from impervious surfaces to prevent pollution and harmful algae in our waterways. Others will mulch what falls to enrich the soil. The mulch leaves are like nature's fertilizer! For those wanting a neat, tidy, clean lawn you can remove the leaves and compost them! Bagging is also an option. The County will collect properly bagged leaves on your regular recycling day. These are the best options for dealing with fallen leaves. Leaves simply blown or raked into streets, storm drains, streams, waterways, common areas or piled high are likely to cause more harm than good. Leaves can clog storm drains and stress waterways by releasing harmful nitrogen into the water and block out sunlight which can negatively impact ground and aquatic life. Do your part to help!

This month you can enjoy Halloween Happenings! It will be held outside the clubhouse on Saturday, October 19th from 10 a.m. to 3 p.m. Come out for the hay rides, pumpkins, face painting, scarecrow making, crafts and much more! Then on Thursday, October 24th from 5:30 p.m. to 6:30 p.m. come Trick-or-Treating at the Cape St. Claire Shopping Center!

Don't forget to "fall back" your clocks to standard time on Sunday, November 3rd.

***Stay happy and healthy!***

*Frank Tewey*

Frank Tewey  
Cape St Claire Town Manager • [TownManager@cscia.org](mailto:TownManager@cscia.org)  
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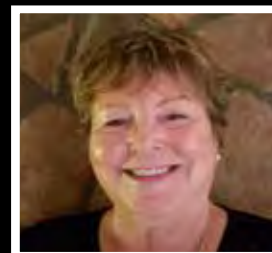
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## Board In Brief *CONTINUED*

**Security:** Gov. Breeden serves on the Eastern District Police Council and stated they will have a meeting on Sep. 18 with speaker Judge Cathy Vitale. Captain Jon Mahaffee is the new captain for the Eastern District.

**Strawberry Festival:** Gov. Lamb reported planning is continuous.

### OLD BUSINESS

Pres. Zadera noted that Mr. Tewey is reviewing policies and procedures and creating a spreadsheet for those to be discussed.

Gov. Breeden reported that Alliance for the Chesapeake put out a Request for Proposal to collect bids for beach restoration design for Sites 3-7. Bio Habitats is continuing their work and permit applications will be filed soon.

Town Manager Tewey noted that the land use agreement to approve the planting plan for Little Magothy beach was signed.

### NEW BUSINESS

Mr. Tewey said the auditor is expected to complete the Special Community Benefits District (SCBD) audit by the Sep. 28 deadline and the final carryover number will be supplied to the budget committee.

Pres. Zadera asked about continuing sponsorship of the Cape Elementary Fun Run, the Fire Department, and membership to the Little Magothy River Association and the BCC. There were no objections. An email from the Magothy River Land Trust requested sponsorship. The trust seeks conservation easements along the Magothy River. It was recommended that the organization make a presentation.

### COMMENTS

Becky Benner announced the Garden Club meeting on Oct. 1 at 7:30 pm will feature a presentation by a beekeeper. The Harvest Dinner will be Oct. 19 at Gloria Dei church. Marinara sauce made from vegetables and herbs grown on the farm will be served with pasta, salad and rolls provided by Galway Bay restaurant. Tickets are \$10/adult and \$5/child. The Nov 5th meeting will feature an activity.

Mrs. Benner announced the Goshen Farm Goodies sale on Sep. 21 from 10am-2pm to sell items made from produce harvested from the farm gardens and beehives. Pres. Zadera thanked her for the Friday evening concerts, noting that the family friendly event was enjoyed by many, with the last concert having about 250 people in attendance.

Stacy Wildberger of Cape Conservation Corps (CCC) said Wednesday Weed Warriors will continue through Oct. The plant sale will be held Sep. 21 from 9 am-1 pm. The first Little Learning Library installation is scheduled for Oct. 5. All materials were donated. Planting of 100 trees and shrubs at Little Magothy beach is scheduled for Oct. 18 & 19. Phil Ourisson met with contractors regarding the drainage issues behind the Cape pool/shopping center and the latest quote came in at \$61,000. The Cape Pool may be interested in helping.

### ADJOURNMENT

A motion was made to adjourn to closed session and approved unanimously. The meeting was adjourned to closed session at 8:28 pm. The closed session occurred from 8:30 pm to 9:16 pm. Sep. 9, 2024, CSCIA Board of Govs. meeting was adjourned at 9:16 pm.





## NEWS FROM HISTORIC GOSHEN FARM AND EDUCATIONAL CENTER

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### ONE MORE OPEN MIC NIGHT

The Cape JOM Sound Team is hosting one more Open Mic Night at Goshen Farm on **Saturday, October 12th**, and this time it's Halloween-themed! Whether you're an experienced performer or just looking to have fun, this is the perfect opportunity to showcase your talent in a festive atmosphere.

**Sign-up starts at 4 pm**, so come out, bring your friends, and enjoy an evening of music, creativity, and community spirit. Don't miss out!

### HARVEST PASTA DINNER

If you're a fan of spaghetti, we've got an event that's tailor-made for you. Our annual Harvest Pasta Dinner is a delectable delight, perfectly suited for the autumn season. Plus, all the ingredients are sourced right from our very own Sharing Garden!

Join us at Gloria Dei Lutheran Church on **Saturday, October 19, 2023**. Visit our website and follow us on Facebook for more details.

### ALERT! FRAUDULENT EMAILS

We want to inform the community about a recent phishing attempt. It has come to our attention that someone is using our President's name, Erik Wallace, to request gift cards through fraudulent emails. Please be aware that these emails are **not** coming from a [goshenfarm.org](http://goshenfarm.org) address, and Goshen Farm Preservation Society will **never** request gift cards or payments via email.

If you receive such a message, we advise you to avoid responding, clicking any links, or sharing personal information. Instead, please report the email by forwarding it to the Anti-Phishing Working Group at [reportphishing@apwg.org](mailto:reportphishing@apwg.org).

### SIGN UP FOR OUR NEWSLETTER

Stay connected with Goshen Farm and be the first to know about upcoming events and exciting news! Visit our website to sign up for our email newsletter to receive exclusive updates and stay informed about all things Goshen Farm. Join our community today and be a part of preserving our rich heritage and vibrant community spirit!

### BECOME A GOSHEN MEMBER

Your membership is a vital contribution to our ongoing efforts in restoring, preserving, and educating about the rich history of Goshen Farm. Plus, it comes with a range of benefits:

- ✓ Enjoy a Tax-deductible Membership Fee
- ✓ Gain Exclusive Updates
- ✓ Unlock Discounts on Events & Merch
- ✓ Access Garden Plot Rentals
- ✓ Explore Volunteer Opportunities

For further information and complete details, visit our website today!

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Want to learn more about Goshen Farm? Check out our website at [www.goshenfarm.org](http://www.goshenfarm.org) or email [communications@goshenfarm.org](mailto:communications@goshenfarm.org) with questions.





## The Season of Sweets: Understanding Type 2 Diabetes

By Jennifer Barrett RN, BSN

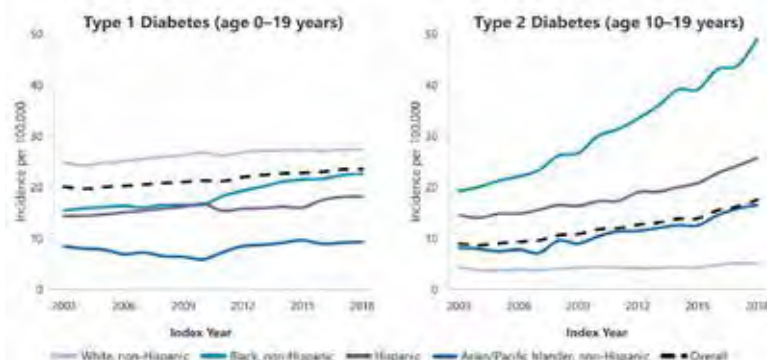


### Hi Capers!

As we enter the sweet holidays of fall and winter, it is important to be mindful of a health epidemic hiding in plain site. I don't say that to scare you, but Type 2 diabetes and pre-diabetes are on the rise in children and adults and many who have the condition do not know it. According to the Centers for Disease Control (cdc.gov):

"Among U.S. adults aged 18 years or older, crude estimates for 2017–2020 were:

- 38.0% of all U.S. adults had prediabetes, based on their fasting glucose or A1C level)
- 19.0% of adults with prediabetes reported being told by a health professional that they had this condition"



The data from the CDC shows that one-half of the people with pre-diabetes do not know it; and therefore, are most likely are not doing anything to reverse it. Additionally, diagnoses of Type 2 diabetes are on the rise in children and adults. What's shocking is that Type 2 diabetes is an acquired disease and children are acquiring it at an alarmingly increased rate.

The rise of Type 2 diabetes in children and adolescents is particularly worrisome because these children and set up for a host of other health problems if the disease is not treated/controlled.

### What is Type 2 Diabetes?

I wrote a very detailed article on Diabetes in October 2022 and recommend reading that article as well! Diabetes is a disease where the pancreas (an organ in our body) cannot make enough insulin (a hormone) to control the level of sugar in our blood. Our bodies use sugar, called glucose, to function. Our organs work together with our muscles,

fat, and other body cells to use or store glucose. When the body cannot properly use the glucose in the cells for various reasons, the sugar stays in our blood wreaking havoc on our body systems. Although some folks are genetically predisposed for Type 2 diabetes, for most it is an acquired illness from an unhealthy pattern of poor eating, and lack of exercise. Oddly, smoking also increases one's chance of developing diabetes but non-smokers can acquire it as well through other poor lifestyle choices. Unlike Type 1 diabetes, where the onset is usually in childhood and not related to lifestyle, Type 2 diabetes has direct correlation to the choices we make every day for ourselves and our families.

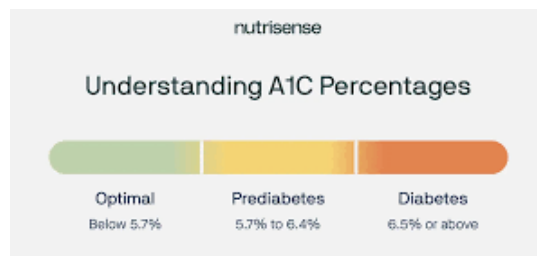
### Will Eating Sweets at the Holidays Give me Diabetes?

The short answer is: NO! Indulging in sweets around the holidays like a Snickers bar from the Trick or Treat bag, a slice of pumpkin pie, or some holiday cookies won't cause diabetes. The key here is occasional indulgence versus consistently choosing sugary, processed food as a staple in one's diet. Type 2 diabetes is, in most cases, acquired and therefore related to choices made over and over again that contribute to poor health.

### So, What Are the Risk Factors for Type 2 Diabetes?

- Smoking (including history of smoking)
- High Blood Pressure
- Obesity/overweight
- High Cholesterol
- A1C

### A1 What?



An A1c blood test measures the percentage of blood sugar attached to your hemoglobin (a molecule that makes up our blood). This number gives a longer term picture of your blood sugar levels (roughly from the last 3 months). A normal A1c level is 5.7 or less. An A1c should be part of an annual physical and lab work with your Primary Care Physician. Knowing your A1c is one piece of the overall health puzzle of our lives.

## Is there any good news?

Yes! Perhaps the best news of all is that Prediabetes as well as Type 2 diabetes CAN BE REVERSED! That's right—we can cure ourselves! Prediabetes responds very well to diet and exercise modifications and can often save people from needing medication. While the diagnosis of Type 2 Diabetes will be a part of your health record, one can still avoid the need for medication if it is diagnosed early. The “ABCs” of avoiding diabetes are: A1c, Blood Pressure, Cholesterol, and Smoking. Quitting smoking is an obvious choice that few would argue is excellent choice for your health. Blood pressure and cholesterol can be controlled through diet and exercise (and medication when necessary, but we'd like to thwart the need if possible!). 30 minutes of activity, five days a week such as taking a walk to the Main Beach or Lake Claire is all you need! Adding whole foods like fruits and vegetables to half your plate at meal times, and snacking on high fiber foods all add up when building health and avoiding disease (see my “Ream of Paper” article last month!).

## So, why does all this matter?

Bottom line: diabetes is COSTLY! It can cost you your kidneys, heart, and brain as well as your blood vessels because sugary thick blood does not flow well through our organs and wreaks havoc. Diabetes can cost you

your eye sight and bring nerve pain (called neuropathy), and can literally cost your limbs. As an acute care nurse I have seen more lower extremity (toes, foot and leg) amputations directly related to diabetes than I ever have cared to see! The consequences are very real. Additionally, diabetes is costly for your wallet. Statistics from the CDC show that diabetes costs individuals \$12,000 additional dollars annually.

Bottom line: in this upcoming season of sweets, allow a treat, as food is such a part of joy, but you manage your lifestyle in a way that enhances health and well being and avoids costly (life, limb, time, and money) consequences.

Be well,

**Jen, BSN, RN**

**Cape Nurse**

### Resources for Diabetes:

**American Diabetes Association**

[www.diabetes.org](http://www.diabetes.org)

**Mayo Clinic**

<https://www.mayoclinic.org/diseases-conditions/type-2-diabetes/symptoms-causes/syc-20351193>

# Cape COMMUNITY SWAP

**Sunday, Oct 13 10am-2pm**

Cape Clubhouse field at Cape St. Claire Rd. & Broadview Dr.  
(Rain date Sunday Oct 27)

Invite Your  
Friends!

- × Toys, games, puzzles, books, DVDs
- × Household goods & tools
- × Clothing & Shoes: Women, Men, Children, Babies
- × Small appliances & electronics in working condition
- × DROP your goods anytime before 11am, no junk please

*You are not required to bring goods to participate. All leftovers will be donated to charity.*

*Questions? Want to volunteer? [zerowastecapers@gmail.com](mailto:zerowastecapers@gmail.com)*

**\$3 entrance per family will be collected for the Chesapeake Bay Foundation.**

Happy October, Capers! As summer ends and the crape myrtles wind down their colorful blooms, we hope your asters and mums are blooming away this autumn and filling your garden with color as we enjoy the cooler weather. If you're out walking, stop by the Clubhouse to see a winning combination, a blue aster and a peach mum, blooming together and covered with pollinators. These beds were designed for 4 seasons of colorful interest, and they are at their full glory every October. Please stop by and enjoy it!

Special thanks to all our hardworking Member volunteers who contributed to maintain 4 Cape community gardens: the Clubhouse, the Cape St. Claire and Green Holly Island gardens, and Segree Memorial Park behind the Broadneck Library.

Also special thanks to all our Yard of the Month judges and YOM Chair Sophie Sterling, who organized our volunteers so well this year, and friend of the Garden Club Jack Anderson, who contributed photography of all the winners' gardens all season long. You can see all 30 of this year's winners (5 per month April-September) on our blog, [capegardenclub.wordpress.com](https://capegardenclub.wordpress.com), and winners from prior years as well – check it out if you'd like some inspiration for your garden!

At our September meeting, our Members enjoyed lively conversation, taking turns sharing stories from their home gardens and gardening adventures. Special thanks to Director Barbara Grochal for so skillfully leading this meeting! On **Tuesday, October 2<sup>nd</sup>**, we'll have our third speaker of 2024, the head beekeeper of Stormy Acres Beekeeping, on ***Basic Beekeeping 101***. With our gardens full of flowers providing nectar, pollen, and habitat, we're eager to see what basic beekeeping might add to our gardens, including some home-grown honey! Then on **Sunday, October 20<sup>th</sup>**, we'll celebrate another happy year gardening together at our annual **Harvest Dinner Potluck**, with our 2024 Yard of the Month winners as our honored guests.

Next year, in 2025, the Garden Club will celebrate the 50<sup>th</sup> anniversary of our founding in 1975. Yard of the Month, our annual Plant Sale every May, beautification of our Cape community gardens – we're proud of the Cape traditions we've created and maintained all these years, and we thank all our Cape neighbors their patronage and support through ***50 years of gardening fellowship and fun in Cape St. Claire!***

If you'd like to make some new friends and work with us to contribute to the beauty of our community, please join us anytime. We have so much fun learning together! Get in touch with us at [capegardenclub@gmail.com](mailto:capegardenclub@gmail.com).

Submitted by Audrey Lengbeyer



## **UPCOMING EVENTS**

**Tuesday, October 2<sup>nd</sup>, 7pm: *Basic Beekeeping 101*** by head beekeeper of Stormy Acres Beekeeping

**Sunday, October 20<sup>th</sup>, 6pm: Harvest Dinner Potluck Dinner**

**Tuesday, November 12<sup>th</sup>, 7pm: Garden Club Bingo** with plant and garden tool prizes

**Tuesday, December 3<sup>rd</sup>, 7pm: Evergreen Wreath Workshop & Yankee Gift Swap**

## ***Congratulations to our September Yard of the Month Winners!***

Area 1: Patty O'Neill Hays, 1051 Little Magothy View  
Area 2: Charles & Mary Hesdorfer, 1176 River Bay Rd  
Area 3: Amy Quick, 998 St Margarets Drive

Area 4: Pamela Porter, 1234 Hilltop Drive  
Area 5: Mary Ellen & Jeffrey Cooper, 762 Windgate Dr



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\*No weapons or frightening costumes\*

**\*Services at 7:30am, 9am, and 11:15am**

\*Nursery from 8:45am-10:15am

\*Children's Chapel During 9am Service

\*Sunday School from 10:15am to 11am  
(coffee hour)

\*\*Youth Group from 4pm to 6pm



**ALL ARE WELCOME TO  
MONDAY NIGHT'S**

**Faith &  
Fellowship**

Dinner for all  
at 6:15pm  
Vegetarian options available  
Crafts and play  
starting after dinner

Spirit Singers Choir at 5:15pm as scheduled  
Email music@st-margarets.org for more information

**Want More Info? Email Emily@st-margarets.org**



### Upcoming Events

- Every Wednesday through October Weed Warriors
- 10/5 Installation of Teaching Library @ LMB
- 10/18-19<sup>th</sup> Join us for 100 Trees & Shrubs planting days
- 11/15 Cape resident George Maurer will present Backyard Birds of Cape and we will host a Silent Auction with local artists creations Doors open at 6:30 pm Speaker 7:00 pm
- Email me at [president@capeconservationcorps.org](mailto:president@capeconservationcorps.org) for more information or to register for our events

## Cape Conservation Corps Fight Against Invasives

### By Stacey Wildberger

If you spend anytime on social media for the Cape you have probable seen my posts to come out and help us with Weed Warriors. Maybe you are wondering what is it or why are we doing it? We have been focusing on several areas in the community to remove invasive species and plant natives. Our main area of focus has been Serene Ravine, off Lake Claire Dr, Little Magothy Beach Park/Woodland area and the area around the Deep Creek Pier parking area.

### Characteristics of Invasive Species (not all exotics are invasive)

- Impacts the ecology and/or economy to the area it was introduced
- Outcompetes and overwhelms the native flora
- Grows and reproduces fast
- Lack of natural predators to slow their growth (nothing is eating these plants!)

As I mentioned we are combating many different invasive species throughout our community but why do we care and how did they get there? And finally how can you help?

### Why Remove Invasive Species?

They outcompete native plants that native wildlife depends on for survival. These have developed specific relationships over thousands of years of coevolution. Some species are so dependent on specific plants that they can only use that plant to lay eggs on- most think monarch and milkweed but there are thousands more with those specific needs

Invasive plants spread and create monocultures, leading to loss of biodiversity. I can attest to the lack of diversity in the space we have cleared of burning bush at Little Magothy Beach. There was nothing but burning bush for as far as the eye could see. Tucked amongst them were some native sassafras just waiting to for their chance to thrive! We have added some native trees and shrubs in hopes of creating a much more robust ecosystem!

Often the damage caused by invasive species cause irreversible damage to the environment, reduce recreational space and affect human health. There is also a significant economic factor—the time and expense of removing invasive species from a space.

### How do invasive species come into an area?

Invasive species are often sold at our local nurseries. Homeowners believe them to be safe to plant or not harmful because they are so commonly seen on landscapes and sold to us by landscapers and the nursery trade. We plant them on our landscapes and they spread through seed dispersal, wind, and root systems, and not just in our own property but out into common areas or to the wild.

They can come from many unintentional means by humans as well through travel and trade or the soles of our shoes after walking through an infested area.

### What can you do to help stop invasive species?

Buy and plant native plants. Create demand for native plants by asking your local big-box stores to carry more natives. Shop at local native plant nurseries and pop-up sales (like ours in the fall!)

Stop buying and planting invasive species. Just because you don't see it spreading it in your landscape doesn't mean it hasn't spread to other areas. The seeds and roots can travel great distances and create havoc "somewhere out there".

Report invasive species to your local DNR office and request support to remove them.

Check and clean your shoes and your pet's paws and fur after you have been on a hike though the wilderness. Your seeds and their fur can transfer unwanted species to other areas.

Finally, volunteer with a local group to fight invasives that are already here causing issues, reducing biodiversity, outcompeting natives to create monocultures and suppressing the native plants our local fauna need for survival. Even though Weed Warriors officially ended at the end of October due to the lack of light in the evenings we will plan some weekend invasive removals throughout the winter. The English Ivy is easier to spot when all the other plants have died back.

**Look for  
participating  
stores displaying  
this sign**



**Happy  
Trick-or-Treating!**







# Happy Halloween

from

## CHRIST OUR ANCHOR

PRESBYTERIAN



CHURCH

Annapolis, MD

Worship Service at 10:00 AM Sundays  
in-person and virtual

We are a family-friendly church, with FUN-day School most Sundays and a “pray-ground” area of our Sanctuary, which is dedicated for children to use during services.

[christouranchorpc.org](http://christouranchorpc.org)



Anchors-A-Wee  
Preschool



...All Are Welcome.





## Cape St. Claire

Choosing the right agent is critical to your success and  
in Cape St. Claire it is not different.

You owe it to yourself to have every advantage in getting your home sold. It's important to work with an agent with the local market knowledge and experience to position your home effectively. There is no agent who knows the Cape St. Claire market better and my respect for our community runs deep. I've been a Cape St. Claire resident for over 30 years. My sons attended the Broadneck schools, played ball on the ball fields, and sailed with the youth sailing camp. Perhaps you've seen me each year at the Strawberry Festival, and now, I'm a proud sponsor of the Cape Conservation Corps. I imagine you chose the Cape for many of the same reasons I did – for its beautiful beaches, water privileges, top notch schools, and its convenient shopping and commuting. When it comes to selling your Cape St. Claire home, you deserve an agent who knows the market and can get it sold for the best value in the timeframe you need.

Selling or have a real estate question?  
Let's Talk -- 443-223-1570



**YOUR AGENT** You owe it to yourself to get your house sold for the best value within your timeframe. A highly skilled agent is what makes it a reality.

**YOUR ADVOCATE** An agent whose top priority is looking out for your best interests is essential. Allow me to help you make the most strategic decisions.

**YOUR FRIEND** Because your agent must be someone who you are comfortable confiding in, someone who truly understands your unique situation, and someone who cares that your needs are met.

"Cathy really helped us feel at ease throughout the entire process. She was able to get our home sold quickly and also helped us navigate the purchase of the most amazing condo that meets all our needs. She reminded us that a great real estate agent is worth every cent in commission. I've already recommended Cathy to several friends and will continue to do so. She's a true professional and really understands this area, the neighborhoods and community."

*- Jeanne & Peter Nardi, Arnold MD*



Cathy Gazzo  
Cell: 443-223-1570  
Office: 888-860-7369  
[cathy@cathygazzo.com](mailto:cathy@cathygazzo.com)  
[www.CathyGazzo.com](http://www.CathyGazzo.com)





# Cape St. Claire Sales

Status	Address	Beds/ Baths	List Price	List Date	Days on Market
Coming Soon	1199 Southview Dr	4/2/1	\$519,000	--	--
Active	1151 Locust Tree Dr	4/3/1	\$659,999	9/19/24	1
Active	1285 Cape St Claire Rd	2/2	\$475,000	9/18/24	2
Active	840 Harbor View Ter	4/3	\$1,200,000	9/6/24	11
Active	1269 Pine Hill Dr	4/1/1	\$509,000	8/23/24	28
Active	1347 Poplar Hill Dr	4/2	\$539,900	8/22/24	29
Active	1033 Mountain Top Dr	4/2/1	\$625,000	8/28/24	23
A/C	1152 Pine Tree Dr	5/2/1	\$510,000	8/12/24	25
A/C	1219 Hilltop Dr	4/2/1	\$480,000	8/7/24	31
A/C	1104 Crestview Dr	4/2/1	\$525,000	7/21/24	4
A/C	1186 Ramblewood Dr	4/2	\$460,000	7/10/24	61
A/C	1143 Riverview Dr	3/3	\$550,000	8/24/24	7
A/C	1302 Swan Dr	3/2/1	\$549,999	8/2/24	34
A/C	953 Woodland Cir	3/3/1	\$435,000	8/11/24	64
Pending	989 Hillendale	3/3	\$875,000	9/14/2024	3
Pending	984 Woodland Cir	3/3	\$635,000	7/9/24	51
Pending	1251 Pine Hill Dr	3/3	\$415,000	4/10/24	47
Pending	1012 Mount Holly Dr	4/2/1	\$800,000	5/21/24	0

## Fall Market Snapshot

Scan to see up to date  
Cape St. Claire Listings



\* All information, taken from the Multiple List Service, is believed to be accurate but should not be relied upon without verification. This list consists of listings from various brokers and is not intended to make the representation that all the listings belong to eXp Realty.

Sold 8/15 - 9/16 Address	Beds/ Baths	Sold Price	Days on Market	Seller Subsidy	Close Date
1031 St Margarets Dr	4/2	\$549,000	26	0	9/16/24
1014 Mountain Top Dr	4/3	\$600,000	10	0	9/16/24
1219 Hilltop Dr	4/2/1	\$475,000	31	0	9/13/24
1192 Hampton Rd	4/2/1	\$525,000	14	0	9/12/24
1178 Hampton Rd	3/1	\$475,000	4	0	9/10/24
1104 Crestview	4/2/1	\$525,000	4	0	9/6/24



Cathy Gazzo  
Cell: 443-223-1570  
Office: 888-860-7369  
[cathy@cathygazzo.com](mailto:cathy@cathygazzo.com)  
[www.CathyGazzo.com](http://www.CathyGazzo.com)





## Cape St. Claire United Methodist Church

855 Chestnut Tree Drive  
Annapolis, Maryland 21409

**Phone:** 410-757-4896

**Website:** capeumc.org

**Facebook:** facebook.com/cscumc

**Email:** office@capeumc.org

**Pastor:** Dale Thomas



**Worship Service:** 9:00 AM on Sundays in the Sanctuary and on Zoom

If you would like to receive a Zoom invite for the service, please Email: office@capeumc.org

**Sunday School:** 9:00 AM on Sundays - Children's Formation and Middle/High School. After the Blessing of the Children in our worship service, the children will go with their teachers to their Sunday School classes.

**Office Hours:** Tuesday, Wednesday, and Thursday 9:00am to 12pm. If you need immediate assistance, please contact Pastor Dale (240) 682-6395 or dale@capeumc.org.



### Trunk or Treat

**October 31st - 6:00 - 8:00pm**

**Cape St. Claire UMC Parking Lot  
(855 Chestnut Tree Drive)**

**Decorated trunks with treats for everyone!**

\*\*\*\*\*

If anyone would like to join in the fun and pass out Halloween candy, we would love to have you and your decorated trunks at our Trunk or Treat.

Please arrive by 5:30pm to set up.

**See you there!**



Worship is at the center of who we are as Christians - we stand in awe of God's grace and are shaped by that grace to go and love the world around us. Our service follows the traditional order of worship with music, prayer, community, and the hearing and teaching of God's word.

Together we seek God's presence and place ourselves in the position to receive the gift of His Spirit. Come worship with us and be a part of our church family.

May the grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you.

Blessings to All!

**Pastor Dale**



School has started and Cape Methodist Church is continuing its backpack Buddies distributions! This ministry provides weekend food to children in need at elementary schools on the Broadneck Peninsula.

We welcome food or monetary donations to support this important ministry to our community. Please consider helping us! The food items we need are single serve cereal and instant oatmeal, single serve applesauce and fruit, granola bars, peanut butter crackers, single serve pudding, family sized mac & cheese, canned chicken or tuna and snack items.

Donations can be dropped off at the church office at 855 Chestnut Tree Dr. between 9 AM and Noon Tuesday, Wednesday or Thursday. We appreciate your support for children in Broadneck communities!



### My Brother's Pantry

My Brother's Pantry has been serving Broadneck families since 1986 and as now made the transition to a healthy family choice pantry. Families coming to the Pantry now come in to select what the need right from our shelves!

We gladly accept both monetary and food donations – please check out our website to find out how to donate, [www.mybrotherspantry.org](http://www.mybrotherspantry.org) or call the Pantry at 410-757-5190.





## UNITY BY THE BAY CHURCH

4 Pointless Forest Trail  
Annapolis, MD 21409  
410-544-7990

Sunday Morning Service - 10:30 am  
Wednesday Meditation - 12:00 pm

In person or livestream at  
[Unitybythebay.org](http://Unitybythebay.org)

Sunday Morning Growth Group  
Every Sunday ~ 9:00 am  
in the library at UBB



### Upcoming Events and Workshops

Tuesdays, October 1, 8, 15, 22 & 29 - Meditation class with Rev. Sarah Phillips 6:45-8:45 pm

Thursday, October 10 - Aura's 101 with Dr. Gwen MacGregor 6:30-8:30 pm

Monday, October 14 - Reiki Share 6:15-8:00 pm

Monday, October 21 - Crystal Bowl Healing Sound Bath with Kimberley Lutz Madden 6:15-8:30 pm

Monday, October 23 - Singing Circle with Drumming 7:00-9:00 pm

Monday, October 28 - Unity Drum Circle 6:30-8:30 pm

Monday, November 4 - Singing Circle with Drumming 6:30-8:30 pm

Tuesdays, November 5, 12 & 19 - Sacred Practices Using Sacred Geometry with Lilia Shoshanna Rae 6:30-8:30 pm

Saturday, November 9 - Unity by the Bay will be at Illuminate Annapolis - 10:00 am - 5:00 pm

Anne Arundel County Community College

Monday, November 11 - Reiki Share 6:15-8:00 pm

Thursday, November 14 - Huna Healing with Dr. Gwen MacGregor 6:30-8:30 pm

Monday, November 18 - Crystal Bowl Healing Sound Bath with Kimberley Lutz Madden 6:15-8:30 pm

Monday, November 25 - Unity Drum Circle 6:30-8:30 pm

### Friday, October 25 - MOTOWN HALLOWEEN DANCE 7:00-10:00 pm



Come in costume and dance with us!  
DJ, Get-Up-and-Dance Music, Costume Contest, Food, Drinks, Raffles  
Purchase your tickets at [Unitybythebay.org/Motownhalloweendance](http://Unitybythebay.org/Motownhalloweendance)

This is a fundraiser event to help support our charitable giving throughout the community.  
Please consider purchasing one of our wonderful raffles.  
You do not need to be present to win.

View raffle items and purchase tickets at [Unitybythebay.org/Raffle](http://Unitybythebay.org/Raffle)

Register for all workshops and events at [Unitybythebay.org](http://Unitybythebay.org)



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spiritual community.  
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Cape St. Claire Volunteer Fire Company

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***broadneck***  
baptist church

**[us02web.zoom.us/j/4206093840](https://us02web.zoom.us/j/4206093840)**

**Zoom ID 4206093840 Passcode: BBCWorship**



Located at **1257 Hilltop Drive (right across from Rita’s!)**, Broadneck is an inclusive, intergenerational, intentional community that affiliates with American Baptist Churches USA, Alliance of Baptists, and Anne Arundel Connecting Together (ACT). Children are more than welcome in worship **each Sunday at 10AM**. Nursery care is also available for our youngest ones downstairs throughout the service. Join us in person or via Zoom (login info above)!

### **What’s Happening this month:**

**Sundays: Worship 10am (Choir Practice at 8:30am—all are welcome!)**

We proudly welcome **Davy Dance Academy** to our space during their studio reconstruction!

**AA Meetings** on Wednesday nights at 6pm

**Prayer & Meditation on Zoom Wed. at 7pm** ([jollynjoann@gmail.com](mailto:jollynjoann@gmail.com) for login info)

**Monthly potluck** lunch after worship last Sunday of each month (October 27)

**Brown Bag “Lunch ‘n’ Learn”—Tues., October 8 12pm**—Join League of Women Voters Director (and Cape resident!) Nikki Tyree to learn from a non-partisan perspective about what’s on the ballot this November and how to be an informed, involved voter.



**Worship and Service at Goshen Farm—Sun., October 13 (rain date: Oct. 20) 10am:** Join us for an abbreviated outdoor worship service by the picnic tables, followed by caring for God’s earth together. All ages are welcome—some tools will be provided, but bring your own and gloves if you have them!

**Halloween Parking Lot Party—Thursday, October 24 5:30-7pm**



**[www.broadneckbaptistchurch.org](http://www.broadneckbaptistchurch.org)**



CAPE ST. CLAIRE STRAWBERRY FESTIVAL



# HALLOWEEN HAPPENINGS

---

October 19 | 10AM - 3PM

---

*Admission: \$5 per child & pet food/item  
donation for SPCA*

Games - Food - Pumpkin Patch  
Moon Bounce - Hay Rides - Face Painting -  
Crafts

CAPE ST CLAIRE CLUBHOUSE FIELD

1223 Riverbay Rd



# 2024 HALLOWEEN HAPPENINGS REGISTRATION FORM

JOIN YOUR FRIENDS AND NEIGHBORS FOR A HALLOWEEN EVENT IN THE CLUBHOUSE CORRAL (next to the clubhouse). THERE WILL BE HAY RIDES, PUMPKINS, FACE PAINTING, MOON BOUNCE, SCARECROW MAKING, CRAFTS AND MORE.....

OCTOBER 19TH 2024  
FROM 10 AM UNTIL 3 PM

DURING THIS EVENT WE WILL BE ACCEPTING DONATIONS FOR THE  
"SPCA of ANNE ARUNDEL COUNTY"  
Pet Food / Bedding/ Collars/ Leashes/ Toys etc.

Admission to the event requires \$5.00 per child (sent with registration)  
& a Donation to the SPCA (to be collected at the event)

**ADVANCED REGISTRATION IS REQUIRED**

FAMILY NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_

CHILDS NAME \_\_\_\_\_ AGE \_\_\_\_\_  
CHILDS NAME \_\_\_\_\_ AGE \_\_\_\_\_  
CHILDS NAME \_\_\_\_\_ AGE \_\_\_\_\_  
# OF CHILDREN ATTENDING \_\_\_\_\_ X \$5.00 = \_\_\_\_\_ (Adults are free)

Scarecrow Making Registration:  
# OF SCARECROWS TO BE MADE \_\_\_\_\_ (see necessary supplies)

SUPPLIES NEEDED FOR EACH SCARECROW-1 PAIR OF PANTS WITH BELT LOOPS, 1  
LONG SLEEVED SHIRT, PANTY HOSE (1 pr) AND A STRAW HAT OR A BALL CAP  
REGISTRATION SHOULD BE MAILED with PAYMENT

**PLEASE COMPLETE THE ABOVE REGISTRATION FORM AND RETURN TO**

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**Caper Manager:**

Mary Lamb / 410-757-0593 / capermanager@cscia.org

The Caper is published ten months a year and sent bulk rate to all residents of Cape St. Claire, all nonresident lot owners, local government officials and advertisers. Copies are also available in CSCIA Office, Broadneck Library and local stores.

**POLICY FOR ARTICLE SUBMISSIONS**

All submissions for The Caper must be received by the editor on the 12th of the month prior. Text ads should be submitted in Microsoft Word format (PC only), and image ads should be submitted in Jpeg or TIFF format with a resolution of 300 dpi or greater. All articles/ads must be submitted electronically to capermanager@cscia.org. DO NOT submit as inline text of email. All articles should be clearly labeled with the 1) submitter's name, 2) phone number and 3) article filename (s). Please keep a backup copy of each file. The Caper Staff and the Cape St. Claire Improvement Association reserve the right to refuse any article, letter or advertising that it deems inflammatory, in poor taste or inappropriate.

## Cape St. Claire Improvement Association

www.cscia.org

**Office:**

President - Jerome Zadera  
Vice-President - Beau Breeden  
Secretary - Kim Pollock  
Treasurer - Mary Lamb

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**Webmaster:**

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**Events** - Mary Lamb & Kim Pollock

**Shoreline Restoration** - Beau Breeden

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